



# **Deep Vein Thrombosis**

Clinical Practice Guideline on the Diagnosis of Suspected First Deep Vein Thrombosis of Lower Extremity

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Clinical Practice Guideline on the Diagnosis of Suspected First Deep Vein Thrombosis of Lower Extremity

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## **Executive summary**

#### Introduction

Deep vein thrombosis (DVT) is a common condition and its diagnosis may be challenging due to the diversity of the available diagnostic tests and the inaccuracy of clinical assessment. If not diagnosed and treated correctly, DVT may result in life-threatening conditions, such as pulmonary embolism. On the other hand, unnecessary treatment may result in serious bleeding events. Given the importance of this topic, the Ministry of Health of the Kingdom of Saudi Arabia with the methodological support of the McMaster University working group produced clinical practice guidelines to assist health care providers in evidence-based clinical decision-making.

#### Methodology

This clinical practice guideline is a part of the larger initiative of the Ministry of Health of the Kingdom of Saudi Arabia (KSA) to establish a program of rigorous adaptation and de novo development of guidelines. The ultimate goals are to provide guidance for clinicians and reduce variability in clinical practice across the Kingdom.

The KSA guideline panel selected the topic of this guideline and all clinical questions addressed herein using a formal prioritization process. For all selected questions we updated existing systematic reviews that were used for the "Diagnosis of DVT" chapter of the 2012 Antithrombotic Therapy and Prevention of Thrombosis guidelines, 9th edition (see Ap**pendix 1**). We also conducted systematic searches for information that was required to develop full guidelines for the KSA, including searches for information about patients' values and preferences and cost (resource use) specific to the Saudi context. Based on the updated systematic reviews we prepared summaries of available evidence supporting each recommendation following the GRADE (Grading of Recommendations, Assessment,

Development and Evaluation) approach.<sup>2</sup> We used this information to prepare the evidence to recommendation tables that served the guideline panel to follow the structured consensus process and transparently document all decisions made during the meeting (see **Appendix 2**). The guideline panel met in Riyadh on December 3, 2013 and formulated all recommendations during this meeting. Potential conflicts of interests of all panel members were managed according to the World Health Organization (WHO) rules.<sup>3</sup>

#### How to use these guidelines

The guideline working group developed and graded the recommendations and assessed the quality of the supporting evidence according to the GRADE approach. Quality of evidence (confidence in the available estimates of treatment effects) is categorized as: high, moderate, low, or very low based on consideration of risk of bias, directness, consistency and precision of the estimates. High quality evidence indicates that we are very confident that the true effect lies close to that of the estimate of the effect. Moderate quality evidence indicates moderate confidence, and that the true effect is likely close to the estimate of the effect, but there is a possibility that it is substantially different. Low quality evidence indicates that our confidence in the effect estimate is limited, and that the true effect may be substantially different. Finally, very low quality evidence indicates that the estimate of effect of interventions is very uncertain, the true effect is likely to be substantially different from the effect estimate and further research is likely to have important potential for reducing the uncertainty.

The strength of recommendations is expressed as either strong ('guideline panel recommends...') or conditional ('guideline panel suggests...') and has explicit implications (see **Table 1**). Understanding the interpretation of these two grades is essential for sagacious clinical decision making.



Table 1: Interpretation of strong and conditional (weak) recommendations

Implications	Strong recommendation	Conditional (weak) recommendation
For patients	Most individuals in this situation would want the recommended course of action and only a small proportion would not. Formal decision aids are not likely to be needed to help individuals make decisions consistent with their values and preferences.	The majority of individuals in this situation would want the suggested course of action, but many would not.
For clinicians	Most individuals should receive the intervention. Adherence to this recommendation according to the guideline could be used as a quality criterion or performance indicator.	Recognize that different choices will be appropriate for individual patients and that you must help each patient arrive at a management decision consistent with his or her values and preferences. Decision aids may be useful helping individuals making decisions consistent with their values and preferences.
For policy mak- ers	The recommendation can be adapted as policy in most situations	Policy making will require substantial debate and involvement of various stakeholders.

#### **Key questions**

- 1. What are the consequences of using venography to diagnose first DVT?
- 2. What are the consequences of using venography to rule out first DVT?
- 3. What are the consequences of using compression ultrasonography (CUS) to diagnose proximal DVT?
- 4. What are the consequences of using serial proximal CUS to exclude DVT?
- 5. What are the consequences of using a highly sensitive D-dimer as a standalone test to exclude DVT?
- 6. What are the consequences of using D-dimer and pretest probability to exclude DVT?
- 7. What are the consequences of using a negative proximal CUS and negative D-dimer to exclude DVT?
- 8. What are the consequences of using pretest probability with a negative proximal CUS to exclude DVT?
- 9. What are the consequences of using serial proximal CUS to exclude DVT in patients with a low/moderate/high pretest probability?

- 10. What are the consequences of using serial proximal CUS to exclude DVT in patients with a positive D-dimer?
- 11. What are the consequences of using a negative D-dimer to obviate the need for serial testing in patients with a negative proximal CUS and moderate or high pretest probability at presentation? (1) Negative proximal CUS plus moderate pretest probability. (2) Negative proximal CUS plus high pretest probability.



#### Recommendations

#### **Recommendation 1:**

The Ministry of Health of Saudi Arabia guideline panel recommends the use of a clinical strategy to assess the pretest probability based on Wells criteria compared to not using a strategy, for the diagnosis of suspected first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

#### Recommendation 2:

The Ministry of Health of Saudi Arabia panel recommends the use of highly sensitivity D-dimer (ELISA) as an initial test for the diagnosis of DVT in patients with low pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

#### **Recommendation 3:**

The Ministry of Health of Saudi Arabia guideline panel recommends the use of proximal CUS as an initial test for the diagnosis of DVT in patients with low pretest probability of first lower extremity DVT. (Strong recommendation, Low quality of evidence)

#### **Recommendation 4:**

The Ministry of Health of Saudi Arabia guideline panel suggests the use of highly sensitive D-dimer (ELISA) rather than proximal CUS as an initial test for the diagnosis of DVT in patients with low pretest probability of first lower extremity DVT. (Weak recommendation, Low quality of evidence)

#### **Recommendation 5:**

The Ministry of Health of Saudi Arabia guideline panel recommends no further testing over further investigation with proximal CUS in patients with low pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)

#### **Recommendation 6:**

The Ministry of Health of Saudi Arabia guideline panel recommends no further investigation rather than venography in patients with low pretest probability of first lower extremity DVT, after negative initial proximal CUS. (Strong recommendation, Moderate-level quality)

#### **Recommendation 7:**

The Ministry of Health of Saudi Arabia guideline panel recommends performing proximal CUS rather than venography in patients with low pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)

#### **Recommendation 8:**

The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with low pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Low quality of evidence)

#### **Recommendation 9:**

The Ministry of Health of Saudi Arabia panel recommends the use of highly sensitivity D-dimer (ELISA) as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

#### **Recommendation 10:**

The Ministry of Health of Saudi Arabia guideline panel recommends the use of proximal CUS as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Strong recommendation, Low quality of evidence)

#### **Recommendation 11:**

The Ministry of Health of Saudi Arabia guideline panel suggests the use of highly sensitive D-dimer (ELISA) rather than proximal CUS as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Weak recommendation, Low quality of evidence)



#### **Recommendation 12:**

The Ministry of Health of Saudi Arabia guideline panel recommends no further testing over further investigation with proximal CUS in patients with moderate pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA). (Strong recommendation. Low quality of evidence)

#### **Recommendation 13:**

The Ministry of Health of Saudi Arabia guideline panel recommends performing proximal CUS rather than venography in patients with moderate pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)

#### **Recommendation 14:**

The Ministry of Health of Saudi Arabia guideline panel suggests no further testing rather than repeat proximal CUS in patients with a moderate pretest probability of first lower extremity DVT and negative initial proximal CUS. (Weak recommendation, Low quality of evidence)

#### **Recommendation 15:**

The Ministry of Health of Saudi Arabia guideline suggests repeating proximal CUS in one week over no further testing in patients with moderate pretest probability of first lower extremity DVT and initial negative proximal CUS and positive highly sensitive D-dimer test (ELISA). (Weak recommendation, Low quality of evidence)

#### **Recommendation 16:**

The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with moderate pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Low quality of evidence)

#### **Recommendation 17:**

The Ministry of Health of Saudi Arabia panel recommends against the use of highly sensitivity D-dimer (ELISA) as a standalone test to rule out DVT in patients with high pretest

probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence

#### **Recommendation 18:**

The Ministry of Health of Saudi Arabia panel recommends against the use of proximal CUS as a standalone test to rule out DVT in patients with high pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

#### **Recommendation 19:**

The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with high pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Moderate quality of evidence)

#### **Recommendation 20:**

The Ministry of Health of Saudi Arabia guideline panel recommends repeating proximal CUS in one week rather than no further testing in patients with a high pretest probability of first lower extremity DVT and negative initial proximal CUS. (Strong recommendation, Moderate quality of evidence)

#### **Recommendation 21:**

The Ministry of Health of Saudi Arabia panel recommends additional testing with highly sensitive D-dimer (ELISA) rather than no further testing in patients with high pretest probability of first lower extremity DVT and initial negative proximal CUS. (Strong recommendation, Low quality of evidence)

#### **Recommendation 22:**

The Ministry of Health of Saudi Arabia panel recommends repeating proximal CUS in one week over performing venography in patients with high pretest probability of first lower extremity DVT, negative initial proximal CUS negative and positive highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)



#### **Recommendation 23:**

The Ministry of Health of Saudi Arabia panel recommends no further testing rather than venography in patients with high pretest probability of first lower extremity DVT and negative serial proximal CUS. (Strong recommendation, Moderate quality of evidence)

#### **Recommendation 24:**

The Ministry of Health of Saudi Arabia panel recommends no further testing rather than venography in patients with high pretest probability of first lower extremity DVT, negative highly sensitive D-dimer test (ELISA) and negative proximal CUS. (Strong recommendation, Low quality of evidence)



## Scope and purpose

The purpose of this document is to provide guidance for the diagnosis of suspected first deep vein thrombosis (DVT) of the lower extremity. Recommendations are applicable for the ambulatory setting (i.e., outpatient or emergency department). The target audience of these guidelines includes primary care physicians, specialists in internal medicine and in emergency medicine in the Kingdom of Saudi Arabia. Other health care professionals and policy makers may also benefit from these guidelines.

Given the importance of this topic, the Ministry of Health (MoH) of Saudi Arabia with the methodological support of the McMaster University working group produced clinical practice guidelines to assist health care providers in evidence-based clinical decision-making. This clinical practice guideline is a part of the larger initiative of the Ministry of Health of Saudi Arabia to establish a program of rigorous adaptation and de novo development of guidelines in the Kingdom; the ultimate goal being to provide guidance for clinicians and reduce variability in clinical practice across the Kingdom.

### Introduction

DVT is a common condition, affecting approximately 100 in 100,000 persons per year. 1,4,5 Incidence increases with age, rising exponentially from less than 5 per 100,000 per year in those aged under 15 to over 500 per 100,000 per year in those aged over 80 years in the West. 6,7 The true incidence of DVT in KSA is unknown. Clinical assessment is inaccurate for diagnosing DVT. Misdiagnosis is an important concern. While not treating DVT may result in serious complications such as pulmonary embolism, the overtreatment is associated with higher bleeding rates, including intracranial and gastrointestinal hemorrhages. 8-11

Usually, diagnostic strategies for DVT consist of sequential testing in order to improve di-

agnostic accuracy, thus, minimizing the health consequences of misdiagnosis and overtreatment. Three categories of tests are typically used to determine the probability of DVT: (1)clinical pretest probability assessment, (2) D-dimer assay, and (3) imaging studies, most commonly proximal venous compression ultrasound (CUS), however other tests may be occasionally used, such as contrast venography, that is still considered the reference standard for DVT diagnosis, CT scan and MRL.<sup>1,6</sup>

## Methodology

To facilitate the interpretation of these guidelines; we briefly describe the methodology we used to develop and grade recommendations and quality of the supporting evidence. We present the detailed methodology in a separate publication.<sup>12</sup>

The KSA guideline panel selected the topic of this guideline and all clinical questions addressed herein using a formal prioritization process. For all selected questions we updated existing systematic reviews that were used for the "Diagnosis of DVT" chapter of the 2012 Antithrombotic Therapy and Prevention of Thrombosis guidelines, 9th edition (see Ap**pendix 1**). We also conducted systematic searches for information that was required to develop full guidelines for the KSA, including searches for information about patients' values and preferences and cost (resource use) specific to the Saudi context. Based on the updated systematic reviews we prepared summaries of available evidence supporting each recommendation following the GRADE (Grading of Recommendations, Assessment, Development and Evaluation) approach.<sup>2</sup> Results of diagnostic accuracy studies were presented as sensitivity, specificity and posttest probabilities of having DVT during the follow-up period. In order to estimate the impact on patient-important outcomes, when possible, simulations of crude rate of events were provided for the panel members to support the clinical judgment. We used the base-

line risks for undesirable events presented in



the systematic review. The assumed rates of fatal and non-fatal pulmonary embolism were respectively 0.3% and 1.4% for treated patients and 1.9% and 9.3% for untreated patients. Assumed risk for fatal bleeding, non-fatal intracranial bleeding and non-fatal non-intracranial bleeding were respectively 0.3%, 2.1% and 0.1% for patients using antithrombotic therapy. The link between the diagnosis/treatment of DVT and the occurrence of adverse outcomes was considered strong, thus, the quality of evidence was not downgraded due to indirectness in these circumstances.

We assessed the quality of evidence using the system described by the GRADE working group.<sup>13</sup> Quality of evidence is classified as "high", "moderate", "low", or "very low" based on decisions about methodological characteristics of the available evidence for a specific health care problem. The definition of each category is as follows:

- High: We are very confident that the true effect lies close to that of the estimate of the effect.
- Moderate: We are moderately confident in the effect estimate: The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.
- Low: Our confidence in the effect estimate is limited: The true effect may be substantially different from the estimate of the effect.
- Very low: We have very little confidence in the effect estimate: The true effect is likely to be substantially different from the estimate of effect.

According to the GRADE approach, the strength of a recommendation is either strong or conditional (weak) and has explicit implications (see **Table 1**). Understanding the interpretation of these two grades – either strong or conditional – of the strength of recommendations is essential for sagacious clinical decision-making.

Based on this information and the input of KSA MoH panel members we prepared the evidence-to-recommendation tables that served the guideline panel to follow the structured consensus process and transparently document all decisions made during the meeting (see **Appendix 2**). The guideline panel met in Riyadh on December 3, 2013 and formulated all recommendations during this meeting. Potential conflicts of interests of all panel members were managed according to the World Health Organization (WHO) rules.<sup>3</sup>

# How to use these guidelines

The Ministry of Health of Saudi Arabia and McMaster University Clinical Practice Guidelines provide clinicians and their patients with a basis for rational decisions in the diagnosis of DVT. Clinicians, patients, third-party payers, institutional review committees, other stakeholders, or the courts should never view these recommendations as dictates. No guidelines and recommendations can take into account all of the often-compelling unique features of individual clinical circumstances. Therefore, no one charged with evaluating clinicians' actions should attempt to apply the recommendations from these guidelines by rote or in a blanket fashion.

Statements about the underlying values and preferences as well as qualifying remarks accompanying each recommendation are its integral parts and serve to facilitate an accurate interpretation. They should never be omitted when quoting or translating recommendations from these guidelines.

### **Key questions**

The following is a list of the clinical questions selected by the KSA guideline panel and addressed in this guideline. For details on the process by which the questions were selected please refer to the separate methodology publication.<sup>12</sup>



- 1. What are the consequences of using venography to diagnose first DVT?
- 2. What are the consequences of using venography to rule out first DVT?
- 3. What are the consequences of using compression ultrasonography (CUS) to diagnose proximal DVT?
- 4. What are the consequences of using serial proximal CUS to exclude DVT?
- 5. What are the consequences of using a highly sensitive D-dimer as a standalone test to exclude DVT?
- 6. What are the consequences of using D-dimer and pretest probability to exclude DVT?
- 7. What are the consequences of using a negative proximal CUS and negative D-dimer to exclude DVT?
- 8. What are the consequences of using pretest probability with a negative proximal CUS to exclude DVT?
- 9. What are the consequences of using serial proximal CUS to exclude DVT in patients with a low/moderate/high pretest probability?
- 10. What are the consequences of using serial proximal CUS to exclude DVT in patients with a positive D-dimer?
- 11. What are the consequences of using a negative D-dimer to obviate the need for serial testing in patients with a negative proximal CUS and moderate or high pretest probability at presentation? (1) Negative proximal CUS plus moderate pretest probability. (2) Negative proximal CUS plus high pretest probability.

Questions were structured as presented below in order to allow the development of the diagnostic algorithms. The reason was the codependency of the questions, since the strategies evaluated mainly consisted of sequential testing.

The diagnostic tests evaluated were clinical assessment of pretest probability, highly sensitive D-dimer (ELISA), CUS and contrast venography.

# I - Clinical assessment of pretest probability of first lower extremity DVT

 In patients with a suspected first lower extremity DVT, should the choice of diagnostic tests process be guided by the clinical assessment of pretest probability rather than by performing the same diagnostic tests in all patients?

# II - Patients with low pretest probability of first lower extremity DVT

- In patients with low pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELISA) as an initial test for the diagnosis of DVT?
- 3. In patients with low pretest probability of first lower extremity DVT, should we use proximal CUS as an initial test for the diagnosis of DVT?
- 4. In patients with low pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELISA) instead of proximal CUS as initial test for the diagnosis of DVT?
- 5. In patients with low pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of discharge with no further evaluation?
- 6. In patients with low pretest probability of first lower extremity DVT and negative proximal CUS, should we perform venography instead of discharge with no further evaluation?
- 7. In patients with low pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of venography?
- 8. In patients with low pretest probability of first lower extremity DVT and positive proximal CUS, should we perform contrast venography instead of treatment, without further investigation?



# III - Patients with moderate pretest probability of first lower extremity DVT

- 9. In patients with a moderate pretest probability of first lower extremity DVT, should we use highly sensitive Ddimer (ELISA) as an initial test for the diagnosis of DVT?
- 10. In patients with moderate pretest probability of first lower extremity DVT, should we use proximal CUS as an initial test for the diagnosis of DVT?
- 11. In patients with moderate pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELISA) instead of proximal CUS as the initial test for the diagnosis of DVT?
- 12. In patients with moderate pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of discharge with no further evaluation?
- 13. In patients with moderate pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of venography?
- 14. In patients with moderate pretest probability of first lower extremity DVT, negative proximal CUS and positive highly sensitive D-dimer test (ELISA), should we repeat proximal CUS in 1 week instead of rule out without further investigation?
- 15. In patients with moderate pretest probability of first lower extremity DVT, negative proximal CUS and negative highly sensitive D-dimer test (ELISA), should we repeat proximal CUS in 1 week instead of rule out without further investigation?
- 16. In patients with moderate pretest probability of first lower extremity DVT and positive proximal CUS, should we perform venography instead of treatment, without further investigation?

# IV - Patients with high pretest probability of first lower extremity DVT

- 17. In patients with high pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELISA) as an initial test to rule out the diagnosis of DVT?
- 18. In patients with high pretest probability of first lower extremity DVT, should we use proximal CUS as an initial test to rule out the diagnosis of DVT?
- 19. In patients with high pretest probability of first lower extremity DVT and positive proximal CUS, should we perform proximal venography instead of treatment without further investigation?
- 20. In patients with high pretest probability of first lower extremity DVT and negative initial proximal CUS, should we repeat proximal CUS instead of rule out without further investigation?
- 21. In patients with high pretest probability of first lower extremity DVT and negative initial proximal CUS, should we use highly sensitive D-dimer test (ELISA) instead of rule out without further investigation?
- 22. In patients with high pretest probability of first lower extremity DVT, positive highly sensitive D-dimer test (ELISA) and negative CUS, should we repeat proximal CUS instead of venography?
- 23. In patients with high pretest probability of first lower extremity DVT and negative serial CUS, should we perform venography instead of rule out without further investigation?
- 24. In patients with high pretest probability of first lower extremity DVT, negative highly sensitive D-dimer test (ELISA) and negative proximal CUS, should we perform venography instead of rule out without further investigation?



### Recommendations

# Implications of Values and Preferences in the Diagnostic Process

Patient-important outcomes:

No evidence specific for the Middle East context was identified. A recent systematic review was identified evaluating values and preferences of patients considering antithrombotic therapy. <sup>14</sup> Utility values for outcomes considered critical for decision making are summarized in **Table 2**.

The panel members assumed that the values on outcomes of the people in the Middle East are probably similar to those in other populations. Based on the presented evidence, the panel concluded that there might be some degree of variability in values and preferences, the importance of major bleeding is equivalent to pulmonary embolism, intracranial bleeding is 2 to 3 times worse than non-intracranial major bleeding or pulmonary embolism, and the DVT treatment is generally well accepted.

Table 2: Values and preferences of patients considering antithrombotic therapy

Outcome	Utility (range)
Death	0
Nonfatal Intracranial Bleed (severe)	0.1 – 0.51
Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77
Nonfatal Intracranial Bleed (mild)	0.47 – 0.94
Nonfatal Pulmonary Embolism	0.63
Major bleed	0.44 - 0.84

Utility values range from 0 to 1. Zero is attributed to death while 1 represents perfect state of health.

#### Diagnostic tests:

No evidence was identified. The panel members concluded that the acceptability of D-dimer testing and of CUS may be considered similar in the KSA setting, however some women may refuse US performed by a man. Patients would prefer D-dimer testing and proximal CUS over contrast venography due to the discomfort and potential adverse events.

# I - Clinical assessment of pretest probability of first lower extremity DVT

Question 1: In patients with a suspected first lower extremity DVT, should the choice of

diagnostic tests process be guided by the clinical assessment of pretest probability rather than by performing the same diagnostic tests in all patients?

#### *Summary of findings:*

Pretest probability assessment is commonly used in practice associated to proximal CUS and D-dimer testing. Several structured scoring systems have been developed for this purpose, the most studied system is the Wells score (see **Table 3**). <sup>15,16</sup> This system categorizes patients as having low (5.0%, 95%CI, 4.0% - 8.0%), moderate (17%, 95%CI, 13% - 23%), or high probability of having DVT (53%, 95%CI, 44% - 61%). <sup>16</sup>



Table 3: Simplified Clinical Model for Assessment of Deep Vein Thrombosis\*

Clinical Variable	Score
Active cancer (treatment ongoing or within previous 6 months or palliative)	1
Paralysis, paresis, or recent plaster immobilization of the lower extremities	1
Recently bedridden for 3 days or more, or major surgery within the previous	1
12 weeks requiring general or regional anesthesia	
Localized tenderness along the distribution of the deep venous system	1
Entire leg swelling	1
Calf swelling at least 3 cm larger than that on the asymptomatic leg (meas-	1
ured 10 cm below the tibial tuberosity)†	
Pitting edema confined to the symptomatic leg	1
Collateral superficial veins (nonvaricose)	1
Previously documented DVT	1
Alternative diagnosis at least as likely as DVT	-2
Abbassistics D/T decreasing through sign	

Abbreviation: DVT, deep vein thrombosis.

Adapted from Wells PS, Owen C, Doucette S, Fergusson D, Tran H. Does this patient have deep vein thrombosis? JAMA. 2006 Jan 11;295(2):199-207.

We identified only one recent randomized controlled trial (RCT) comparing the clinical assessment of the pretest probability of having DVT (followed by a diagnostic strategy) with a uniform diagnostic strategy without clinical assessment of the pretest probability. <sup>17</sup> This study was identified in our update of the systematic review; no other RCTs had been identified. We based our judgments on this study.

The trial randomized 1723 patients (89% outpatients). Of note, study personnel were not blinded and the trial was stopped prematurely. During the three months of follow-up, no differences were observed in the risk of venous thromboembolism (VTE) (0%, 95%CI - 0.8% to 0.8%), major bleeding events (0.1%, 95%CI -0.5% to 0.7%) or death (0%, 95%CI -1.3% to 1.3%) with the strategy based on the clinical assessment of pretest probability compared to the uniform strategy.<sup>17</sup> (Moderate quality of evidence)

#### Resource use:

Clinical pretest probability assessment does not add costs, since the clinical variables considered are usually part of the anamnesis and physical exam of a patient with suspected DVT. Number of tests required was lower for the strategy based on clinical assessment of pretest probability (-21.8%, 95%CI -19.1% to -24.8% and -7.6%, 95%CI -2.9% to -12.2% for D-dimer testing and ultrasound respectively). (Moderate quality of evidence)

Although there was no formal economic assessment, the strategy was considered cost-saving, once the number of tests required was lower and the rate of events was similar.

#### Other considerations:

Although the recommendation was considered an acceptable option to stakeholders, there may be resistance on its use by some physicians.

#### *Implementation considerations:*

Administrative empowerment and educational interventions may be needed to overcome potential expected initial resistance. When applicable, the use of new technologies may be helpful for the implementation (e.g. inclusion of the criteria in computerized patient data entry)



<sup>\*</sup>Scoring method indicates high probability if score is 3 or more; moderate if score is 1 or 2; and low if score is 0 or less.

<sup>†</sup>In patients with symptoms in both legs, the more symptomatic leg was used.

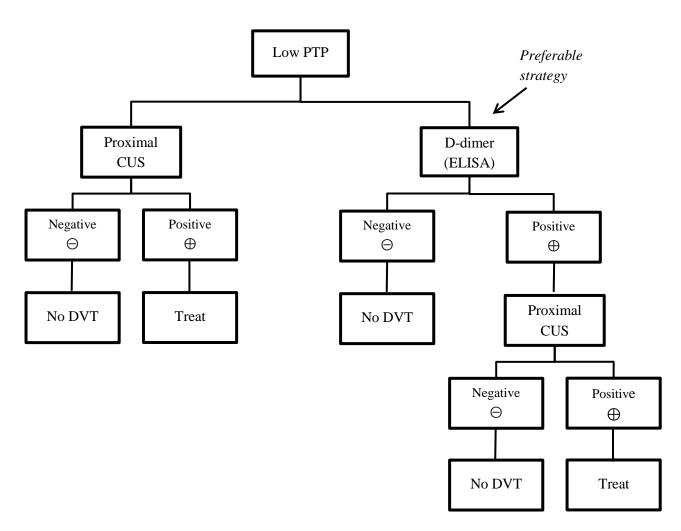
#### **Recommendation 1:**

The Ministry of Health of Saudi Arabia guideline panel recommends the use of a clinical strategy to assess the pretest probability based on Wells criteria compared to not using a strategy, for the diagnosis of suspected first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

# II – Diagnostic strategy in patients with low pretest probability of first lower extremity DVT

Questions 2 to 8 are related to the diagnostic strategy of DVT in patients with low clinical pretest probability of first lower extremity DVT. Figure 1 summarizes the diagnostic recommendations.

Figure 1: Recommendations for evaluation of suspected first lower extremity DVT in patients with low pretest probability.



PTP - Pretest probability; CUS - Compression ultrasound; DVT: Deep vein thrombosis



Question 2: In patients with low pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELI-SA) as an initial test for the diagnosis of DVT?

#### Summary of findings:

Our judgments were based on a systematic review published in 2006, including 217 management cohorts and accuracy studies evaluating diagnostic properties of D-dimer in patients with suspected VTE.<sup>6</sup> We identified seven additional studies, that could not be pooled with the systematic review. <sup>18-24</sup> For ELISA D-dimer assays, the pooled sensitivity and specificity for DVT were 94% (95%CI 93% to 95%) and 45% (95%CI 44% to 46%) respectively. (Moderate quality of evidence) These data will be used for the assessment of all questions related to D-dimer testing as a standalone test or combined with a single proximal CUS.

Only 3 patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). On the other hand, 523 patients would be incorrectly classified as having DVT (false positives), requiring further investigation. The probability of having DVT after a negative test is 0.70% and after a positive test is 8.25%. With no testing or treatment, we would have respectively 0.8 and 3.6 additional cases of fatal and non-fatal pulmonary per 1000 patients initially tested. (Moderate quality of evidence)

#### Resource use:

The cost of ELISA D-dimer assay was considered low for the Saudi context by the panel members.

#### **Recommendation 2:**

The Ministry of Health of Saudi Arabia panel recommends the use of highly sensitivity D-dimer (ELISA) as an initial test for the diagnosis of DVT in patients with low pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

Question 3: In patients with low pretest probability of first lower extremity DVT, should we use proximal CUS as an initial test for the diagnosis of DVT?

#### *Summary of findings:*

Our judgments were based on a systematic review published in 2006 including 100 management cohorts and accuracy studies evaluating diagnostic properties of ultrasound in patients with suspected DVT. The metaanalysis pooled 22 studies specifically evaluating proximal CUS.6 We identified four additional studies, which could not be pooled with the systematic review.<sup>25-28</sup> The pooled sensitivity and specificity for DVT was 90.3% (95%CI 88.4% to 92%) and 97.8% (95%CI 97% to 98.4%) respectively. (Low quality of evidence) Quality of evidence was downgraded due to inconsistency specifically for patients with low and moderate pretest probability because the sensitivity of the test tends to be higher in patients with higher pretest probability of DVT. These data will be used for the assessment of all questions related to proximal CUS as a standalone test or combined with D-dimer testing.

Only 5 patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). On the other hand, 21 patients would be incorrectly classified as having DVT (false positives). The probability of having DVT after a negative test is 0.52% and after a positive test is 68.4%. Treating those patients with a positive test and discharging those with negative test, would result on 0.14 deaths, 0.36 cases of non-fatal pulmonary embolism and 0.35 major bleeding episodes (0.02 intracranial) per 1000 patients. With no testing or treatment, we would have respectively 0.8 and 3.6 additional cases of fatal and non-fatal pulmonary per 1000 patients. (Low quality of evidence)

#### Resource use:

The cost of proximal CUS was considered low for the Saudi context by the panel members.



#### **Recommendation 3:**

The Ministry of Health of Saudi Arabia guideline panel recommends the use of proximal CUS as an initial test for the diagnosis of DVT in patients with low pretest probability of first lower extremity DVT. (Strong recommendation, Low quality of evidence)

Question 4: In patients with low pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELI-SA) instead of proximal CUS as initial test for the diagnosis of DVT?

#### Summary of findings:

No evidence directly combining these two interventions was identified. To make judgments, we indirectly combined data available from questions 2 and 3. For proximal CUS, the pooled sensitivity and specificity for DVT were 90.3% (95%CI 88.4% to 92%) and 97.8% (95%CI 97% to 98.4%) respectively. (Low quality of evidence) For D-dimer testing, the pooled sensitivity and specificity for DVT was 94% (95%CI 93% to 95%) and 45% (95%CI 44% to 46%) respectively. (Moderate quality of evidence)

With proximal CUS, only 5 patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). On the other hand, 21 patients would be incorrectly classified as having DVT (false positives). Similarly with D-dimer (ELISA), only 3 patients per 1000 tested would be incorrectly classified as not having DVT. However, 428 patients would be discharged with no need of a further test (D-dimer negative).

#### Resource use:

The cost of D-dimer is lower than the cost of proximal CUS. Using D-dimer as an initial test probably would be cost-saving in the Saudi setting.

#### **Recommendation 4:**

The Ministry of Health of Saudi Arabia guideline panel suggests the use of highly sensitive D-dimer (ELISA) rather than proximal CUS as an initial test for the diagnosis of DVT in patients with low pretest probability of first lower extremity DVT. (Weak recommendation, Low quality of evidence)

Question 5: In patients with low pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELI-SA), should we perform proximal CUS instead of discharge with no further evaluation?

#### Summary of findings:

As reported in question 2, using D-dimer as initial test, 3 patients per 1000 tested would be incorrectly classified as not having DVT. The probability of having DVT after a negative test is 0.70%. If patients with D-dimer negative be discharged with no further testing, we would have 0.05 and 0.22 additional cases of fatal and non-fatal pulmonary among the false negatives per 1000 patients tested.<sup>6</sup> (Moderate quality of evidence)

In patients with sequential D-dimer and proximal CUS negatives, the posttest probability would be negligible (0.07%). Otherwise, the number of false positives would increase 9 per 1000 initially tested. Thus, we would expect an increase of 0.03 deaths and 0.2 nonfatal major bleeding events per 1000 patients tested.<sup>6</sup> (Low quality of evidence)

#### Resource use:

Performing proximal CUS in patients with low clinical pretest probability and D-Dimer negative would increase costs: 428 additional ultrasounds would be needed per 1000 patients initially tested.

#### **Recommendation 5:**

The Ministry of Health of Saudi Arabia guideline panel recommends no further testing over further investigation with proximal CUS in patients with low pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)



Question 6: In patients with low pretest probability of first lower extremity DVT and negative proximal CUS, should we perform venography instead of discharge with no further evaluation?

#### Summary of findings:

For contrast venography, only a single-arm prospective cohort study, evaluating 160 patients with unknown clinical pretest probability, was identified. The prevalence of DVT in the study population was not described. Post a negative test, the probability of having recurrent VTE during 3 months of follow of up is 1.2% (95%CI 0.2% to 4.4%). (Moderate quality of evidence)

Similarly, after proximal CUS, only 5 patients per 1000 tested would be incorrectly classified as not having DVT (0.52% probability of having DVT after a negative test). (Low quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however, it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### Implementation considerations:

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 6:**

The Ministry of Health of Saudi Arabia guideline panel recommends no further investigation rather than venography in patients with low pretest probability of first lower extremity DVT, after negative initial proximal CUS (Strong recommendation, Low quality of evidence)

Question 7: In patients with low pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of venography?

#### Summary of findings:

As described in question 6, after a negative contrast venography, the probability of having recurrent VTE during 3 months of follow of up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

In patients with low pretest clinical probability and positive D-Dimer test, the probability of having DVT after a negative proximal CUS is 0.88% and the probability after a positive CUS is 78.69%. Per 1000 patients initially tested, 11 patients without DVT would be treated and 5 patients with DVT and D-dimer positive would be discharged. Due to misdiagnosing, we would have additionally 0.11 deaths, 0.36 cases of non-fatal pulmonary embolism and 0.23 major bleeding episodes (0.01 intracranial) per 1000 patients. (Low quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>



#### Implementation considerations:

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 7:**

The Ministry of Health of Saudi Arabia guideline panel recommends performing proximal CUS rather than venography in patients with low pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA) (Strong recommendation, Low quality of evidence)

Question 8: In patients with low pretest probability of first lower extremity DVT and positive proximal CUS, should we perform contrast venography instead of treatment, without further investigation?

#### Summary of findings:

As described in question 6, after a negative contrast venography, the probability of having recurrent VTE during 3 months of follow of up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

As reported in question 3, 21 patients per 1000 tested with proximal CUS would be incorrectly classified as not having DVT. Treating unnecessary this patients we would result in 0.06 deaths and 0.46 major bleeding

episodes (0.02 intracranial). (Moderate quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### *Implementation considerations:*

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 8**

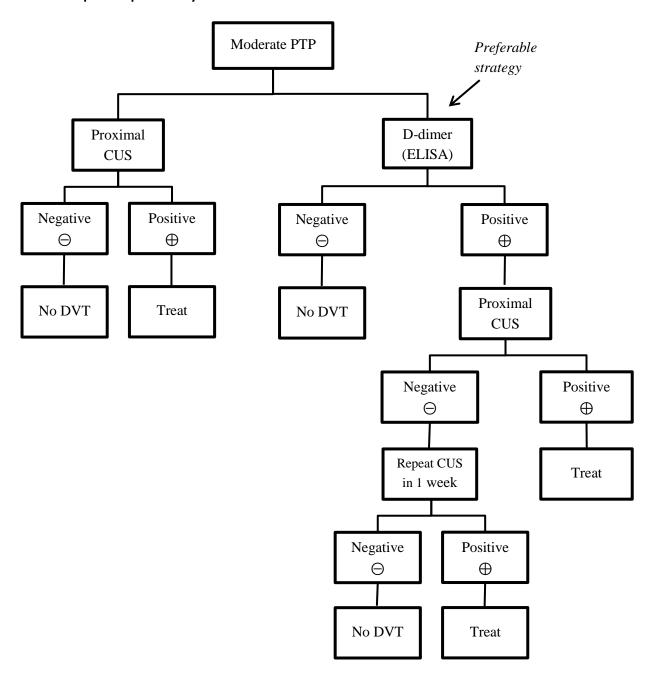
The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with low pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Low quality of evidence)

#### III – Diagnostic strategy in patients with moderate pretest probability of first lower extremity DVT

Questions 9 to 16 are related to the diagnostic strategy of DVT in patients with moderate clinical pretest probability of first lower extremity DVT. Figure 2 summarizes the diagnostic recommendations.



Figure 2: Recommendations for evaluation of suspected first lower extremity DVT in patients with moderate pretest probability.



PTP - Pretest probability; CUS - Compression ultrasound; DVT: Deep vein thrombosis



Question 9: In patients with moderate pretest probability of first lower extremity DVT, should we use D-dimer (ELISA) as an initial test for the diagnosis of DVT?

#### Summary of findings:

As reported in question 2, for D-dimer, the estimates of sensitivity and specificity are 94% (95%CI 93% to 95%) and 45% (95%CI 44% to 46%) respectively.<sup>6</sup> (Moderate quality of evidence)

With this strategy, only 10 patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). On the other hand, 457 patients would be incorrectly classified as having DVT (false positives). The probability of having DVT after a negative test is 2.7% and after a positive test is 25.9%. With no testing or treatment, we would have respectively 2.7 and 12.2 additional cases of fatal and non-fatal pulmonary per 1000 patients.

#### Resource use:

The cost of ELISA D-dimer assay was considered low for the Saudi context by the panel members.

#### **Recommendation 9:**

The Ministry of Health of Saudi Arabia panel recommends the use of highly sensitivity D-dimer (ELISA) as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

Question 10: In patients with moderate pretest probability of first lower extremity DVT, should we use proximal CUS as an initial test for the diagnosis of DVT?

#### *Summary of findings:*

As reported in question 3, for proximal CUS the estimates for sensitivity and specificity for DVT are 90.3% (95%CI 88.4% to 92%) and 97.8% (95%CI 97% to 98.4%) respectively. (Low quality of evidence)

Sixteen patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). On the other hand, 18 patients would be incorrectly classified as having DVT

(false positives). The probability of having DVT after a negative test is 2% and after a positive test is 89.4%. Treating those patients with a positive test and discharging those with negative test, would result on 0.26 deaths, 1.15 cases of non-fatal pulmonary embolism and 0.04 major bleeding episodes (0.002 intracranial) per 1000 patients. With no testing or treatment, we would have respectively 2.7 and 12.2 additional cases of fatal and non-fatal pulmonary per 1000 patients.

#### Resource use:

The cost of proximal CUS was considered low for the Saudi context by the panel members.

#### **Recommendation 10:**

The Ministry of Health of Saudi Arabia guideline panel recommends the use of proximal CUS as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Strong recommendation, Low quality of evidence)

Question 11: In patients with moderate pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELI-SA) instead of proximal CUS as the initial test for the diagnosis of DVT?

#### Summary of findings:

As reported in question 2, for D-dimer, the estimates of sensitivity and specificity are 94% (95%CI 93% to 95%) and 45% (95%CI 44% to 46%) respectively.<sup>6</sup> (Moderate quality of evidence) Ruling out patients with negative D-dimer, only 10 patients per 1000 tested would be incorrectly classified as not having DVT. However, 374 patients would be discharged with no need of a further test.

As reported in question 3, for proximal CUS, the estimates for sensitivity and specificity for DVT are 90.3% (95%CI 88.4% to 92%) and



97.8% (95%CI 97% to 98.4%) respectively.<sup>6</sup> (Low quality of evidence) With proximal CUS, 16 patients per 1000 tested would be incorrectly classified as not having DVT. On the other hand, 18 patients would be incorrectly classified as having DVT.

#### Resource use:

The cost of D-dimer is lower than the cost of proximal CUS. Using D-dimer ELISA as an initial test would probably be cost-saving in the Saudi setting.

#### **Recommendation 11:**

The Ministry of Health of Saudi Arabia guideline panel suggests the use of highly sensitive D-dimer (ELISA) rather than proximal CUS as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Weak recommendation, Low quality of evidence)

Question 12: In patients with moderate pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of discharge with no further evaluation?

#### Summary of findings:

As reported in question 2, for D-dimer, the estimates of sensitivity and specificity are 94% (95%CI 93% to 95%) and 45% (95%CI 44% to 46%) respectively.<sup>6</sup> (Moderate quality of evidence) As reported in question 3, for proximal CUS, the estimates for sensitivity and specificity for DVT are 90.3% (95%CI 88.4% to 92%) and 97.8% (95%CI 97% to 98.4%) respectively.<sup>6</sup> (Low quality of evidence)

Ruling out patients with negative D-dimer, 10 patients per 1000 tested would be incorrectly classified as not having DVT. The probability of having DVT after a negative test is 2.7%. If patients with negative D-dimer are discharged with no further testing, we would have 0.16 and 0.72 additional cases of fatal and nonfatal pulmonary among the false negatives per 1000 patients tested. (Moderate quality of evidence)

Ruling out patients with sequential D-dimer (ELISA) and proximal CUS negatives, only 1 per

1000 patients tested would be the false negative (posttest probability = 0.27%). Otherwise, the number of false positives would increase 8 per 1000 initially tested. Thus, we would expect an increase of 0.02 deaths and 0.2 nonfatal major bleeding events per 1000 patients tested. (Low quality of evidence)

#### Resource use:

Performing proximal CUS in patients with moderate clinical pretest probability and D-dimer negative would increase costs: 374 additional ultrasounds would be needed per 1000 patients initially tested.

#### **Recommendation 12:**

The Ministry of Health of Saudi Arabia guideline panel recommends no further testing over further investigation with proximal CUS in patients with moderate pretest probability of first lower extremity DVT and negative highly sensitive D-dimer test (ELISA). (Strong recommendation. Low quality of evidence)

Question 13: In patients with moderate pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA), should we perform proximal CUS instead of venography?

#### Summary of findings:

As described in question 6, after a contrast venography negative, the probability of having recurrent VTE during 3 months of follow up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

In patients with moderate pretest clinical probability and positive D-dimer test (ELISA), the probability of having DVT after a negative CUS is 3.36% and the probability after a positive CUS is 93.49%. Per 1000 patients initially tested, 10 patients without DVT would be treated and 15 patients with DVT and D-dimer positive would be discharged. Due to misdiagnosing, we would have additional 0.23



deaths, 1.08 cases of non-fatal pulmonary embolism and fewer 0.11 major bleeding episodes per 1000 patients. (Low level of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### Implementation considerations:

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 13:**

The Ministry of Health of Saudi Arabia guideline panel recommends performing proximal CUS rather than venography in patients with moderate pretest probability of first lower extremity DVT and positive highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)

Question 14: In patients with moderate pretest probability of first lower extremity DVT, negative proximal CUS and positive highly sensitive D-dimer test (ELISA), should we repeat proximal CUS in 1 week instead of rule out without further investigation?

#### *Summary of findings:*

For single proximal CUS testing, as described in question 10, 16 per 1000 patients tested would be incorrectly classified as not having DVT. The probability of having DVT after a negative test is 2%. Discharging those patients

with negative test would result on 0.26 deaths, 1.15 cases of non-fatal pulmonary embolism per 1000 patients initially tested. (Low quality of evidence)

For serial CUS in patients with moderate clinical pretest probability, three observational studies were identified. In these studies, the pooled prevalence of DVT was 15.8% and the probability of DVT post-negative serial CUS were 1.1% (95%CI 0.4% to 2.5%) and 0.6% (95%CI 0.4% to 0.9%). (Moderate quality of evidence) It would represent 1 to 2 false negatives per 1000 patients, resulting on additional 0.02 to 0.04 and 0.07 to 0.14 fatal and nonfatal pulmonary embolism respectively.

#### Resource use:

Repeating proximal CUS in patients with moderate clinical pretest probability and negative initial CUS would increase costs: 831 additional ultrasounds would be needed per 1000 patients initially tested.

#### Other considerations:

Repeating the proximal CUS would reduce the rate of false negatives, however it may increase the number of false positives, resulting in higher bleeding rates.

#### **Recommendation 14:**

The Ministry of Health of Saudi Arabia guideline panel suggests no further testing rather than repeat proximal CUS in patients with a moderate pretest probability of first lower extremity DVT and negative initial proximal CUS. (Weak recommendation, Low quality of evidence)

Question 15: In patients with moderate pretest probability of first lower extremity DVT, negative proximal CUS and negative highly sensitive D-dimer test (ELISA), should we repeat proximal CUS in 1 week instead of rule out without further investigation?

#### Summary of findings:

As reported in question 13, in patients with moderate pretest clinical probability and positive D-dimer test, the probability of having



DVT after a negative CUS is 3.36%. Per 1000 patients initially tested, 16 patients with DVT and D-dimer positive will be discharged. Due to misdiagnosing, we would have additionally 0.25 deaths due to pulmonary embolism and 1.15 cases of non-fatal pulmonary embolism 1000 patients. (Low quality of evidence)

For repeated proximal CUS in patients with positive D-dimer test and negative initial proximal CUS, one study with 426 patients was identified. The prevalence of DVT was 18.8% and the probability of DVT after a D-dimer positive and serial CUS negative was 0% (95%CI 0 to 3.1%). (Moderate quality of evidence)

#### Resource use:

Performing proximal CUS in patients with moderate clinical pretest probability and D-Dimer negative would increase costs: 616 additional ultrasounds would be needed per 1000 patients initially tested.

#### Other considerations:

Repeating the proximal CUS would reduce the rate of false negatives, however it may increase the number of false positives, resulting in higher bleeding rates.

#### **Recommendation 15:**

The Ministry of Health of Saudi Arabia guideline suggests repeating proximal CUS in one week over no further testing in patients with moderate pretest probability of first lower extremity DVT and initial negative proximal CUS and positive highly sensitive D-dimer test (ELISA) (Weak recommendation, Low quality of evidence)

Question 16: In patients with moderate pretest probability of first lower extremity DVT and positive proximal CUS, should we perform venography instead of treatment, without further investigation?

#### Summary of findings:

As described in question 6, after a negative contrast venography, the probability of having

recurrent VTE during 3 months of follow up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

Among patients with tested initially with proximal CUS positive, 16 patients per 1000 would be incorrectly classified as not having DVT. Treating unnecessary this patients we would result in 0.05 deaths and 0.34 major bleeding episodes (0.02 intracranial) per 1000 individuals tested. (Low quality of evidence).

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### *Implementation considerations:*

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 16:**

The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with moderate pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Low quality of evidence)

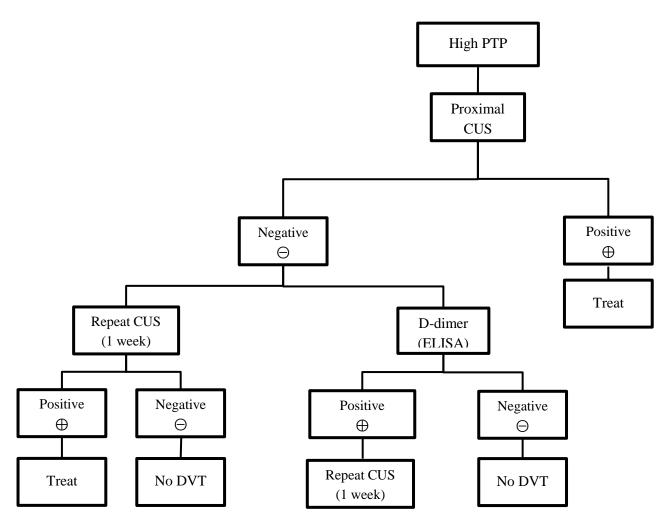
IV – Diagnostic strategy in patients with high pretest probability of first lower extremity DVT



Questions 17 to 24 are related to the diagnostic strategy of DVT in patients with

high clinical pretest probability of first lower extremity DVT. Figure 3 summarizes the diagnostic recommendations.

Figure 3: Recommendations for evaluation of suspected first lower extremity DVT in patients with high pretest probability.



PTP - Pretest probability; CUS - Compression ultrasound; DVT: Deep vein thrombosis



Question 17: In patients with high pretest probability of first lower extremity DVT, should we use highly sensitive D-dimer (ELI-SA) as an initial test to rule out the diagnosis of DVT?

#### Summary of findings:

As reported in question 2, for D-dimer, the estimates of sensitivity and specificity are 94% (95%CI 93% to 95%) and 45% (95%CI 44% to 46%) respectively (Moderate quality of evidence)

Thirty two patients per 1000 tested would be incorrectly classified as not having DVT. The probability of having DVT after a negative test is 13.1%. Not treating these individuals would result in additional 0.51 and 2.3 fatal and nonfatal pulmonary embolism per 1000 patients tested. (Moderate quality of evidence)

#### Resource use:

The cost of ELISA D-dimer assay was considered low for the Saudi context by the panel members.

#### **Recommendation 17:**

The Ministry of Health of Saudi Arabia panel recommends against the use of highly sensitivity D-dimer (ELISA) as a standalone test to rule out DVT in patients with high pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

Question 18: In patients with high pretest probability of first lower extremity DVT, should we use proximal CUS as initial test to rule out the diagnosis of DVT?

#### *Summary of findings:*

As reported in question 3, for proximal CUS the estimates for sensitivity and specificity for DVT are 90.3% (95%CI 88.4% to 92%) and 97.8% (95%CI 97% to 98.4%) respectively. (Moderate quality of evidence) Once sensitivity tends to be higher in individual with higher pretest probability of DVT, level of evidence was not downgraded due to inconsistency for

the group patients with high clinical pretest probability.

Fifty one patients per 1000 tested would be incorrectly classified as not having DVT. The probability of having DVT after a negative test is 10.1%. Not treating these individuals would result in additional 0.82 and 3.67 fatal and non-fatal pulmonary embolism per 1000 patients tested. (Moderate quality of evidence)

#### Resource use:

The cost of proximal CUS was considered low for the Saudi context by the panel members.

#### **Recommendation 18:**

The Ministry of Health of Saudi Arabia panel recommends against the use of proximal CUS as a standalone test to rule out DVT in patients with high pretest probability of first lower extremity DVT. (Strong recommendation, Moderate quality of evidence)

Question 19: In patients with high pretest probability of first lower extremity DVT, should we use proximal CUS as an initial test to rule out the diagnosis of DVT?

#### *Summary of findings:*

As described in question 6, after a negative contrast venography, the probability of having recurrent VTE during 3 months of follow up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

Among individuals with high pretest probability, 10 patients per 1000 tested with proximal CUS would be incorrectly classified as having DVT. Treating these patients unnecessarily would result in 0.03 deaths and 0.22 major bleeding episodes (0.01 intracranial) per 1000 individuals initially tested. (Moderate quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

Other considerations:



Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### Implementation considerations:

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 19:**

The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with high pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Moderate quality of evidence)

Question 20: In patients with high pretest probability of first lower extremity DVT and positive proximal CUS, should we perform proximal venography instead of treatment without further investigation?

#### *Summary of findings:*

For single proximal CUS testing, as described in question 18, 51 patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). The probability of having DVT after a negative test is 10.1%. Not treating these individuals would result in additional 0.82 fatal and 3.67 non-fatal pulmonary embolisms per 1000 patients tested.

For serial CUS in patients with high clinical pretest probability, four studies were identified in the systematic review. In these studies, the pooled prevalence of DVT was 36.4% and the probability of DVT post-negative serial CUS was 0.9% (95%CI 0.2% to 2.8%). 32-35 It

would represent 3 patients per 1000 tested; not treating these individuals would result in additional 0.05 fatal and 0.22 and non-fatal pulmonary embolism episodes. (Moderate quality of evidence)

#### Resource use:

Repeating proximal CUS in patients with high clinical pretest probability and initial CUS negative would increase costs: 511 additional ultrasounds would be needed per 1000 patients initially tested.

#### Recommendation 20:

The Ministry of Health of Saudi Arabia guideline panel recommends repeating proximal CUS in one week rather than no further testing in patients with a high pretest probability of first lower extremity DVT and negative initial proximal CUS. (Strong recommendation, Moderate quality of evidence)

Question 21: In patients with high pretest probability of first lower extremity DVT and negative initial proximal CUS, should we repeat proximal CUS instead of rule out without further investigation?

#### Summary of findings:

For single proximal CUS testing, as described in question 18, 51 patients per 1000 tested would be incorrectly classified as not having DVT. The probability of having DVT after a negative test is 10.1%. Not treating these individuals would result in additional 0.82 and 3.67 fatal and non-fatal pulmonary embolism per 1000 patients tested. (Moderate quality of evidence)

Among those individuals with negative initial proximal CUS and negative D-dimer (ELISA), only 3 patients per 1000 initially tested in the population would be classified as false negatives. The probability of having DVT after proximal CUS and D-dimer negatives is 1.47%. Not treating these individuals would result in additional 0.05 and 0.22 fatal and non-fatal pulmonary embolism per 1000 patients tested. However, 301 patients would present a



positive D-dimer test, requiring further evaluation. (Low quality of evidence)

#### Resource use:

With this strategy, 511 D-dimer tests would be required per 1000 patients. The cost of Ddimer and proximal CUS was considered low for the Saudi context by the panel members.

#### **Recommendation 21:**

The Ministry of Health of Saudi Arabia panel recommends additional testing with highly sensitive D-dimer (ELISA) rather than no further testing in patients with high pretest probability of first lower extremity DVT and initial negative proximal CUS. (Strong recommendation, Low quality of evidence)

Question 22: In patients with high pretest probability of first lower extremity DVT, positive highly sensitive D-dimer test (ELISA) and negative CUS, should we repeat proximal CUS instead of venography?

#### Summary of findings:

As described in question 6, after a negative contrast venography, the probability of having recurrent VTE during 3 months of follow up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

For repeating proximal CUS in patients with high clinical pretest probability, negative initial CUS and positive D-dimer, only one study was identified. In this study, the prevalence of DVT was 59.5% and the post-test probability was 2.8% (95%CI 0.1% to 12.5%).<sup>36</sup> (Low quality of evidence) It would represent 17 patients per 1000 tested; not treating these individuals would result in additional 0.27 fatal and 1.22 and non-fatal pulmonary embolism episodes. (Low quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however it is subject to a

considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### *Implementation considerations:*

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 22:**

The Ministry of Health of Saudi Arabia panel recommends repeating proximal CUS in one week over performing venography in patients with a high pretest probability of first lower extremity DVT, negative initial proximal CUS and positive highly sensitive D-dimer test (ELISA). (Strong recommendation, Low quality of evidence)

Question 23: In patients with high pretest probability of first lower extremity DVT and negative serial CUS, should we perform venography instead of rule out without further investigation?

#### Summary of findings:

As described in question 6, after a negative contrast venography, the probability of having recurrent VTE during 3 months of follow up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

As reported in question 20, for serial CUS in patients with high clinical pretest probability, the estimate probability of DVT post-negative serial CUS is 0.9% (95%CI 0.2% to 2.8%)<sup>32-35</sup> (Moderate quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

Other considerations:



Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the post-test probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### Implementation considerations:

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 23:**

The Ministry of Health of Saudi Arabia panel recommends no further testing rather than venography in patients with high pretest probability of first lower extremity DVT and negative serial proximal CUS. (Strong recommendation, Moderate quality of evidence)

Question 24: In patients with high pretest probability of first lower extremity DVT, negative highly sensitive D-dimer test (ELISA) and negative proximal CUS, should we perform venography instead of rule out without further investigation?

#### Summary of findings:

As described in question 6, after a negative contrast venography, the probability of having recurrent VTE during 3 months follow of up is 1.2% (95%CI 0.2% to 4.4%).<sup>29</sup> (Moderate quality of evidence)

As reported in question 21, among those individuals with negative initial proximal CUS and negative D-dimer (ELISA), only 3 patients per 1000 initially tested in the population would be classified as false negatives. The probability of having DVT after proximal CUS and D-dimer negatives is 1.47%. Not treating these individuals would result in additional 0.05 and 2.16

fatal and non-fatal pulmonary embolism per 1000 patients tested. (Low quality of evidence)

#### Resource use:

Contrast venography is an expensive diagnostic test compared to proximal CUS.

#### Other considerations:

Venography is considered the reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, the posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.<sup>1</sup>

#### Implementation considerations:

The required technology for performing contrast venography is not widely available in the Kingdom of Saudi Arabia.

#### **Recommendation 24:**

The Ministry of Health of Saudi Arabia panel recommends no further testing rather than venography in patients with high pretest probability of first lower extremity DVT, negative D-dimer test (ELISA) and negative proximal CUS. (Strong recommendation, Low quality of evidence)



Table 4: Number of events due to lack of treatment in patients with deep vein thrombosis according to the ruling out strategy adopted.

Ruling out strategy for	Clinical pretest	Posttest	Events per 1000 patients tested <sup>1</sup>			Quality of	
DVI	probability of DVT (prevalence)	probability of DVT	Patients ruled out	False nega- tives	Fatal pul- monary embolism	Nonfatal pulmonary embolism	evidence
No test and treatment	Low (5%)	-	-	-	0.8	3.6	-
D-dimer negative	Low (5%)	0.7%	431	5	0.08	0.36	Moderate
Proximal CUS negative	Low (5%)	0.5%	934	3	0.05	0.22	Low
D-dimer negative + proximal CUS negative	Low (5%)	<0.1%	418	0	0	0	Low
(1) D-dimer negative or (2) D-dimer positive and proximal CUS negative	Low (5%)	(1) 0.7% (2) 0,88%	947	10	0.16	0.72	Low
No test and treatment	Moderate (17%)	-	-	-	2.72	12.24	-
D-dimer negative	Moderate (17%)	2.7%	384	10	0.16	0.72	Moderate
Proximal CUS negative	Moderate (17%)	2%	828	16	0.26	1.15	Low
D-dimer negative + proximal CUS negative	Moderate (17%)	0.3%	366	1	0.02	0.07	Low
(1) D-dimer negative or (2) D-dimer positive and proximal CUS negative	Moderate (17%)	(1) 2.7% (2) 3.4%	846	26	0.42	1.87	Low
Serial proximal CUS negative <sup>2</sup>	Moderate (15.8%)	(1) 0.6% (2) 1.1%	-	(1) 1 (2) 2	(1) 0.02 (2) 0.04	(1) 0.07 (2) 0.14	Moderate
No test and treatment	High (53%)	-	-	-	8.64	38.88	-
D-dimer negative	High (53%)	13.1%	242	32	0.51	2.3	Moderate
Proximal CUS negative	High (53%)	10.1%	511	51	0.82	3.67	Moderate
D-dimer negative + proximal CUS negative	High (53%)	1.5%	210	3	0.05	0.22	Moderate
(1) D-dimer negative or (2) D-dimer positive and proximal CUS negative	High (53%)	(1) 13.1% (2) 16.5%)	543	80	1.28	5.76	Moderate
Serial proximal CUS negative	High (36.4%)	0.9%	-	3	0.05	0.22	Moderate
Proximal CUS negative  → D-dimer positive → proximal CUS negative	High (59.5%)	2.8%	-	17	0.27	1.22	Low

DVT: deep vein thrombosis; CUS: compression ultrasound

Table 5: Number of adverse events due to overtreatment in patients without deep vein thrombosis according to the diagnostic strategy adopted.

Diagnostic strategy	Clinical pretest	Events per 1000 patients tested <sup>1</sup>				Quality of
	probability of DVT	False posi-	Fatal Bleed-	Non-fatal	Non-fatal non-	evidence
	(prevalence)	tives	ing	intracranial	intracranial	
				bleeding	major bleeding	
Proximal CUS positive	Low (5%)	21	0.06	0.02	0.44	Low
D-dimer positive + proximal CUS positive (D-dimer negative ruled out)	Low (5%)	11	0.03	0.01	0.23	Low
Proximal CUS positive	Moderate (17%)	18	0.05	0.02	0.38	Low
D-dimer positive + proximal CUS positive (D-dimer negative ruled out)	Moderate (17%)	10	0.03	0.01	0.21	Low
Proximal CUS positive	High (53%)	10	0.03	0.01	0.21	Moderate

DVT: deep vein thrombosis; CUS: compression ultrasound



<sup>&</sup>lt;sup>1</sup> Is not accounted the number of bleeding events prevented for not providing anti-thrombotic treatment for patients with DVT.

<sup>&</sup>lt;sup>2</sup> Data from two different studies

<sup>&</sup>lt;sup>1</sup> Is accounted only the number of bleeding events among patients without DVT (false positives)

### **Final considerations**

#### Implementation considerations

An adequate diagnostic process is crucial to reduce the incidence of pulmonary embolism and to minimize the risk associated with overtreatment. The adoption of a standardized diagnostic strategy for DVT is expected to reduce health inequities in Saudi Arabia. The Ministry of Health should make efforts in order to make available the resources needed for the diagnostic strategies proposed here (CUS and highly sensitive D-dimer by ELISA).

#### Monitoring and evaluation

The Ministry of Health of Saudi Arabia guideline panel suggests periodic and formal evaluations of the adherence to the recommendations of this guideline according to their strength:

- Strong recommendations should be applied to the large majority of patients. Therefore, the adherence to the course of action proposed by strong recommendations could be used as a quality criterion or performance indicator.
- For weak recommendations, however, it is important to recognize that different choices could be appropriate for different patients. Therefore, measuring the adherence to the course of action proposed by weak recommendations is not appropriate for quality criteria or performance indicators.

The Ministry of Health of Saudi Arabia guideline panel suggests periodic updates of this guideline every 2-3 years. Early updates could be considered in case of the emergence of new evidence relevant to the interventions covered in the guideline.

#### Additional considerations

Novel diagnostic strategies, such as CT scan and MRI, had not been evaluated for this guideline. They may constitute diagnostic alternatives for select cases.

#### Research priorities

The Ministry of Health of Saudi Arabia guideline panel suggests local research in the following topic areas:

- Values and preferences of the Saudi population regarding the relative value (utility) of preventing DVT versus bleeds; and also regarding the burden of treatment with antithrombotics
- Economic evaluations of diagnostic strategies for DVT.



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# **Appendices**

- 1. Search Strategies and Results
- 2. Evidence-to-Recommendation Tables and Evidence Profiles



# **Appendix 1: Search Strategies and Results**

Study Types: Screening and diagnostic test accuracy studies

# **Properties of diagnostic tests for DVT**

Database: Medline (OVID), EMBASE (OVID)			
Search strategy:	Date of search: 11/2013		
1. exp "Sensitivity and Specificity"/	<u> </u>		
2. sensitivity.tw.			
3. specificity.tw.			
4. ((pre-test or pretest) adj probability).tw.			
5. post-test probability.tw.			
6. predictive value\$.tw.			
7. likelihood ratio\$.tw.			
8. venous thromboembolism.mp. or Venous Thromboembolism/			
9. Venous Thrombosis.mp. or Venous Thrombosis/			
10. venous thromb\$.mp.			
11. ((vein or venous) adj3 (Emboli\$ or thrombo\$)).mp.			
12. deep venous thromb\$.mp.			
13. 8 or 9 or 10 or 11 or 12			
14. 1 or 2 or 3 or 4 or 5 or 6 or 7			
15. 13 and 14			
Date limit: 2009- 11/2013			

2461

Note: original search strategy from systematic review not available. New search strategy developed for this guideline.

### **Summary of Searches**

**Records Retrieved** 

Total No. Retrieved:	2461
Screening (Title and Ab	stract Review)
No. Excluded: 2416	
Included for Full Text	45
review:	
Selection (Full Text Rev	riew)
No. Excluded: 23	
No. Included: 22	
4 – Compression ul	trasound;
7 – clinical decision	rules;
11 – D-dimer	



### List of included studies:

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- 20. van der Velde EF. Toll DB. Ten Cate-Hoek AJ. Oudega R. Stoffers HE. Bossuyt PM. Buller HR. Prins MH. Hoes AW. Moons KG. van Weert HC. Comparing the diagnostic performance of 2 clinical decision rules to rule out deep vein thrombosis in primary care patients. Ann Fam Med. 9(1):31-6, 2011 Jan-Feb.
- 21. Vinson DR. Patel JP. Irving CS. Pretest probability estimation in the evaluation of patients with possible deep vein thrombosis. Am J Emerg Med. 29(6):594-600, 2011 Jul.
- 22. Yamaki T. Nozaki M. Sakurai H. Kikuchi Y. Soejima K. Kono T. Hamahata A. Kim K. Combined use of pretest clinical probability score and latex agglutination D-dimer testing for excluding acute deep vein thrombosis. J Vasc Surg. 50(5):1099-105, 2009 Nov.

### List of excluded studies:

Study	Reason
Canan 2012	Etiology of VTE
Carrier 2010	Risk of bleeding assessment
Deng 2012	Animal model
Douketis 2012	Evaluation of radiomarkers
Douma 2011	Non systematic review
Enden 2010	Evaluation of MRI
Guanella 2012	Non systematic review
Haas 2013	Evaluation of other serum markers than D-dimer
Hansch 2011	Evaluation of MRI
Hippisley-Cox 2011	Etiology of VTE
Huisman 2013	Non systematic review
Ingber 2013	Implementation of a clinical practice protocol
Janczak 2011	Evaluation of radiomarkers
Krishan 2011	Evaluation of CT scan
Kulkarni 2012	Evaluation of CT scan
Le Gal 2012	Pregnant women only
McQueen 2009	Non systematic review
Nieto 2013	Risk of bleeding assessment
Sharif-Kashani 2009	Evaluation of photoplethysmography
Scherz 2013	Risk of bleeding assessment
Shiver 2010	Evaluation of CT scan
Slater 2012	Evaluation of CT scan
Stevens 2013	Evaluation of Whole-leg ultrasound



- 1. Canan A. Halicioglu SS. Gurel S. Mean platelet volume and D-dimer in patients with suspected deep venous thrombosis. J Thromb Thrombolysis. 34(2):283-7, 2012 Aug.
- 2. Carrier M, Le Gal G, Wells PS, Rodger MA. Systematic review: case-fatality rates of recurrent venous thromboembolism and major bleeding events among patients treated for venous thromboembolism. Ann Intern Med. 2010 May 4;152(9):578-89.
- 3. Deng F. Tang Q. Zheng Y. Zeng G. Zhong N. Infrared thermal imaging as a novel evaluation method for deep vein thrombosis in lower limbs. Medical Physics. 39(12):7224-31, 2012 Dec.
- 4. Douketis, James D. Ginsberg, Jeffrey S. Haley, Susan. Julian, Jim. Dwyer, Miriam. Levine, Mark. Eisenberg, Paul R. Smart, Richard. Tsui, Wendy. White, Richard H. Morris, Timothy A. Kaatz, Scott. Comp, Philip C. Crowther, Mark A. Kearon, Clive. Kassis, Jeannine. Bates, Shannon M. Schulman, Sam. Desjardins, Louis. Taillefer, Raymond. Begelman, Susan M. Gerometta, Mike. Accuracy and safety of (99m)Tc-labeled anti-D-dimer (DI-80B3) Fab' fragments (ThromboView) in the diagnosis of deep vein thrombosis: a phase II study. Thrombosis Research. 130(3):381-9, 2012 Sep.
- 5. Douma RA. Tan M. Schutgens RE. Bates SM. Perrier A. Legnani C. Biesma DH. Ginsberg JS. Bounameaux H. Palareti G. Carrier M. Mol GC. Le Gal G. Kamphuisen PW. Righini M. Using an age-dependent D-dimer cut-off value increases the number of older patients in whom deep vein thrombosis can be safely excluded. Haematologica. 97(10):1507-13, 2012 Oct.
- 6. Enden T. Storas TH. Negard A. Haig Y. Sandvik L. Gjesdal KI. Sandset PM. Klow NE. Visualization of deep veins and detection of deep vein thrombosis (DVT) with balanced turbo field echo (b-TFE) and contrast-enhanced T1 fast field echo (CE-FFE) using a blood pool agent (BPA). J Magn Reson Imaging. 31(2):416-24, 2010 Feb.
- 7. Guanella R. Righini M. Serial limited versus single complete compression ultrasonography for the diagnosis of lower extremity deep vein thrombosis. SEMIN. RESPIR. CRIT. CARE MED.. 33(2):144-50, 2012 Apr.
- 8. Hansch A. Betge S. Poehlmann G. Neumann S. Baltzer P. Pfeil A. Waginger M. Boettcher J. Kaiser WA. Wolf G. Mentzel HJ. Combined magnetic resonance imaging of deep venous thrombosis and pulmonary arteries after a single injection of a blood pool contrast agent. Eur Radiol. 21(2):318-25, 2011 Feb.
- 9. Haas, Fred J.L.M.; Schutgens, Roger E.G.; Biesma, Douwe H.; Laterveer, Ria H.; Kluft, Cornelis. Diagnostic possibilities of specific fibrin(ogen) degradation products in relation to venous thromboembolism. Blood Coagulation & Fibrinolysis. Issue: Volume 24(3), April 2013, p 297-304
- Hippisley-Cox J. Coupland C. Development and validation of risk prediction algorithm (QThrombosis) to estimate future risk of venous thromboembolism: prospective cohort study. BMJ. 343:d4656, 2011.
- 11. Huisman MV. Klok FA. Diagnostic management of acute deep vein thrombosis and pulmonary embolism. J Thromb Haemost. 11(3):412-22, 2013 Mar.
- 12. Ingber S, Selby R, Lee J, Geerts W, Brnjac E. Combination pretest probability assessment and d-dimer did not reduce outpatient imaging for venous thromboembolism in a tertiary care hospital emergency department. CJEM. 2013;15(0):1-9.
- Janczak D. Janczak P. Skora J. Dorobisz K. Merenda M. Litarski A. Szyber P. The use of radioisotopic tests for diagnosing lower limb venous thrombosis - own research. Pol Przegl Chir. 84(12):605-12, 2012 Dec 1.
- 14. Krishan S. Panditaratne N. Verma R. Robertson R. Incremental value of CT venography combined with pulmonary CT angiography for the detection of thromboembolic disease: systematic review and meta-analysis. AJR Am J Roentgenol. 196(5):1065-72, 2011 May.



- 15. Kulkarni NM. Sahani DV. Desai GS. Kalva SP. Indirect computed tomography venography of the lower extremities using single-source dual-energy computed tomography: advantage of low-kiloelectron volt monochromatic images. J Vasc Interv Radiol. 23(7):879-86, 2012 Jul.
- 16. Le Gal G. Kercret G. Ben Yahmed K. Bressollette L. Robert-Ebadi H. Riberdy L. Louis P. Delluc A. Labalette ML. Baba-Ahmed M. Bounameaux H. Mottier D. Righini M. EDVIGE Study Group. Diagnostic value of single complete compression ultrasonography in pregnant and postpartum women with suspected deep vein thrombosis: prospective study. BMJ. 344:e2635, 2012.
- 17. McQueen AS. Elliott ST. Keir MJ. Ultrasonography for suspected deep vein thrombosis: how useful is single-point augmentation?. Clinical Radiology. 64(2):148-55, 2009 Feb.
- 18. Nieto JA, Solano R, Trapero Iglesias N, Ruiz-Giménez N, Fernández-Capitán C, Valero B, Tiberio G, Bura-Riviere A, Monreal M; RIETE Investigators. Validation of a score for predicting fatal bleeding in patients receiving anticoagulation for venous thromboembolism. Thromb Res. 2013 Aug;132(2):175-9.
- 19. Sharif-Kashani B. Behzadnia N. Shahabi P. Sadr M. Screening for deep vein thrombosis in asymptomatic high-risk patients: a comparison between digital photoplethysmography and venous ultrasonography. Angiology. 60(3):301-7, 2009 Jun-Jul.
- 20. Scherz N. Mean M. Limacher A. Righini M. Jaeger K. Beer HJ. Frauchiger B. Osterwalder J. Kucher N. Matter CM. Banyai M. Angelillo-Scherrer A. Lammle B. Husmann M. Egloff M. Aschwanden M. Bounameaux H. Cornuz J. Rodondi N. Aujesky D. Prospective, multicenter validation of prediction scores for major bleeding in elderly patients with venous thromboembolism. J Thromb Haemost. 11(3):435-43, 2013 Mar.
- 21. Shiver SA. Lyon M. Blaivas M. Adhikari S. Prospective comparison of emergency physician-performed venous ultrasound and CT venography for deep venous thrombosis. Am J Emerg Med. 28(3):354-8, 2010 Mar.
- 22. Slater S. Oswal D. Bhartia B. A retrospective study of the value of indirect CT venography: a British perspective. Br J Radiol. 85(1015):917-20, 2012 Jul.
- 23. Stevens SM. Woller SC. Graves KK. Aston V. Jones J. Snow G. Elliott CG. Withholding anticoagulation following a single negative whole-leg ultrasound in patients at high pretest probability for deep vein thrombosis. Clin Appl Thromb Hemost. 19(1):79-85, 2013 Jan-Feb.

### **Values and Preferences**

# Database: Medline (OVID) (1964-2013), EMBASE (OVID) (1980-2013) Search strategy: Date of search: 11/2013

- 1. venous thromboembolism.mp. or Venous Thromboembolism/
- 2. Venous Thrombosis.mp. or Venous Thrombosis/
- 3. venous thromb\$.mp.
- 4. ((vein or venous) adj3 (Emboli\$ or thrombo\$)).mp.
- 5. deep venous thromb\$.mp.
- 6. 1 or 2 or 3 or 4 or 5
- 7. patient\$ participation.mp. or exp patient participation/
- 8. patient\$ satisfaction.mp. or exp patient satisfaction/
- 9. attitude to health.mp. or exp Attitude to health/
- 10. (patient\$ preference\$ or patient\$ perception\$ or patient\$ decision\$ or patient\$ perspective\$ or user\$ view\$ or patient\$ view\$ or patient\$ view\$ or patient\$ value\$).mp.
- 11. (patient\$ utilit\$ or health utilit\$).mp.
- 12. health related quality of life.mp. or exp "quality of life"/
- 13. (health stat\$ utilit\$ or health stat\$ indicator\$ or (health stat\$ adj 2 valu\$)).mp. or exp Health Status Indicators/
- 14. 7 or 8 or 9 or 10 or 11 or 12 or 13
- 15. Saudi Arab\$.mp,in. or Saudi Arabia/
- 16. Riyadh.mp,in.



- 17. Jeddah.mp,in.
- 18. Kh\*bar.mp,in.
- 19. Dammam.mp,in.
- 20. 15 or 16 or 17 or 18 or 19
- 21. Kuwait\$.mp,in. or Kuwait/
- 22. United Arab Emirates.mp,in. or United Arab Emirates/
- 23. Qatar\$.mp,in. or Qatar/
- 24. Oman\$.mp,in. or Oman/
- 25. Yemen\$.mp,in. or Yemen/
- 26. Bahr\*in\$.mp,in. or Bahrain/
- 27. 20 or 21 or 22 or 23 or 24 or 25 or 26
- 28. Middle East\$.mp,in. or Middle East/
- 29. Jordan\$.mp,in. or Jordan/
- 30. Libya\$.mp,in. or Libya/
- 31. Egypt\$.mp,in. or Egypt/
- 32. Syria\$.mp,in. or Syria/
- 33. Iraq\$/ or Iraq.mp,in.
- 34. Morocc\$.mp,in. or Morocco/
- 35. Tunisia\$.mp,in. or Tunisia/
- 36. Leban\$.mp,in. or Lebanon/
- 37. West Bank.mp,in.
- 38. Iran\$.mp,in. or Iran/
- 39. Turkey/ or (Turkey or Turkish).mp,in.
- 40. Algeria\$.mp,in. or Algeria/
- 41. Arab\$.mp,in. or Arabs/
- 42. 28 or 29 or 30 or 31 or 32 or 33 or 34 or 35 or 36 or 37 or 38 or 39 or 40 or 41
- 43. 20 or 27 or 42
- 44. "journal of epidemiology and global health".jn.
- 45. "journal of infection and public health".jn.
- 46. "saudi journal of kidney diseases & transplantation".jn.
- 47. saudi medical journal.jn.
- 48. saudi pharmaceutical journal.jn.
- 49. "annals of saudi medicine".jn.
- 50. "saudi journal of gastroenterology".jn.
- 51. 44 or 45 or 46 or 47 or 48 or 49 or 50
- 52. 43 or 51
- 53. 6 and 14 and 52

Records Retrieved	

### **Summary of Searches**

Total No. Retrieved:	127
Screening (Title and Al	ostract Review)
No. Excluded: 124	
Included for Full Text	3
review:	
Selection (Full Text Re	view)
No. Excluded: 3	
No. Included: 0	

127



### List of excluded studies:

Study	Reason	
Al-Otair 2012 Not assessing patients values and preferences		
Chamsi Pasha 2013 Editorial, not related to VTE		
Bozkurt 2011	Not assessing patients values and preferences	

- 1. Al-Otair HA, Khurshid SM, Alzeer AH. Venous thromboembolism in a medical intensive care unit. The effect of implementing clinical practice guidelines. Saudi Med J. 2012 Jan;33(1):55-60.
- 2. Chamsi-Pasha H. Islam and the cardiovascular patient pragmatism in practice. Br J Cardiol 2013;20:90–1
- 3. M. Bozkurt, K. Okutur, K. Aydin, E. Namal, A. Öztürk, C. Tecimer, Z. Akcali, G. Demir. The impact of early thromboembolic event on prognosis in cancer patients: A single-center analysis of 1838 patients. J Clin Oncol 29: 2011 (suppl; abstr e19694)



### **Costs Related to Diagnostic Strategies**

## Database: Medline (OVID), EMBASE (OVID) Date of search: 11/2013 Search strategy: 1. "costs and cost analysis"/ 2. Cost allocation/ 3. Cost-benefit analysis/ 4. Cost savings/ 5. Health care costs/ 6. Health care costs/ 7. Direct service costs/ 8. Drug costs/ 9. Health expenditures/ 10. Capital expenditures/ 11. Value of life/ 12. (health?care adj cost\$).mp. 13. (cost adj estimate\$).mp. 14. (cost adj variable).mp. 15. (economic\$ or pharmacoeconomic\$ or price\$ or pricing).tw. 16. 1 or 2 or 3 or 4 or 5 or 6 or 7 or 8 or 9 or 10 or 11 or 12 or 13 or 14 or 15 17. diagnos:.mp. 18. exp "Sensitivity and Specificity"/ 19. sensitivity.tw. 20. specificity.tw. 21. ((pre-test or pretest) adj probability).tw. 22. post-test probability.tw. 23. predictive value\$.tw. 24. likelihood ratio\$.tw. 25. 17 or 18 or 19 or 20 or 21 or 22 or 23 or 24 26. venous thromboembolism.mp. or Venous Thromboembolism/ 27. Venous Thrombosis.mp. or Venous Thrombosis/ 28. venous thromb\$.mp. 29. ((vein or venous) adj3 (Emboli\$ or thrombo\$)).mp. 30. deep venous thromb\$.mp. 31. 26 or 27 or 28 or 29 or 30 32. 16 and 25 and 31 33. limit 32 to yr="2009 - 2014"

### **Summary of Searches**

**Records Retrieved** 

Date limit: 2009-11/2013

Total No. Retrieved: 117
Screening (Title and Abstract Review)
No. Excluded: 108
Included for Full Text 9
review:
Selection (Full Text Review)
No. Excluded: 4
No. Included: 5

117



### **Summary of findings for costs**

### Direct costs related to the diagnostic test

Test / strategy (setting)	Country (year)	Cost	Source
D-dimer (ER)	Serbia (2011)	€ 17.00- 47.11 <sup>1</sup>	Bogavac-
CUS (ER)	Serbia (2011)	€ 84.67	Stanojevic 2013
D-dimer (ER)	Sweden (2008)	€ 16	Norlin 2010
CUS (ER)	Sweden (2008)	€ 157	
Contrast venography (ER)	Sweden (2008)	€ 461	
"AMUSE strategy": D-dimer (primary	Holland (2004)	€ 168	Cate-Hoek 2009
care) + CUS if needed (hospital)			
D-dimer + CUS if needed (hospital)	Holland (2004)	€ 227	
CUS for all patients (hospital)	Holland (2004)	€ 251	

CUS - Compressive ultrasonography. ER – Emergency Room

### Direct costs related to the undesirable events

Event	Country / year	Cost	Source
DVT event (acute + 2 years follow up)	Canada (2010)	CAD 5,180	Guanella
Inpatient DVT event	USA (2010)	USD 12,393	Mahan 2012
Outpatient DVTevent	USA (2010)	USD 14,963	
Minor bleed	USA (2010)	USD 137	
Major bleed	USA (2010)	USD 7,199	
Annual cost of post-thrombotic syn-	USA (2010)	USD 5,018	
drome			
DVT	Holland (2004)	€ 1,322	Cate-Hoek 2009
Pulmonary Embolism	Holland (2004)	€ 4,210	
Major bleed	Holland (2004)	€ 4,211	
CNS bleed	Holland (2004)	€ 11,281	
Incident post-thrombotic syndrome	Holland (2004)	€ 3,367	

### List of included studies:

- 1. Bogavac-Stanojević N, Dopsaj V, Jelić-Ivanović Z, Lakić D, Vasić D, Petrova G. Economic evaluation of different screening alternatives for patients with clinically suspected acute deep vein thrombosis. Biochem Med (Zagreb). 2013;23(1):96-106.
- 2. Cate-Hoek AJT, Toll DB, Büller HR, Hoes AW, Moons KG, Oudega R, Stoffers HE, van der Velde EF, van Weert HC, Prins MH, Joore MA. Cost-effectiveness of ruling out deep venous thrombosis in primary care versus care as usual. J Thromb Haemost. 2009 Dec;7(12):2042-9.
- 3. Guanella R, Ducruet T, Johri M, Miron MJ, Roussin A, Desmarais S, Joyal F, Kassis J, Solymoss S, Ginsberg JS, Lamping DL, Shrier I, Kahn SR. Economic burden and cost determinants of deep vein thrombosis during 2 years following diagnosis: a prospective evaluation. J Thromb Haemost. 2011 Dec;9(12):2397-405.
- 4. Norlin JM, Elf JL, Svensson PJ, Carlsson KS. A cost-effectiveness analysis of diagnostic algorithms of deep vein thrombosis at the emergency department. Thromb Res. 2010 Sep;126(3):195-9.
- 5. Mahan CE, Holdsworth MT, Welch SM, Borrego M, Spyropoulos AC. Deep-vein thrombosis: a United States cost model for a preventable and costly adverse event. Thromb Haemost. 2011 Sep;106(3):405-15.



<sup>&</sup>lt;sup>1</sup> Dependent of the numbers of tests performed and type of D-Dimer technique. High sensitive D-dimer methods

### List of excluded studies:

Study	Reason
Kachroo 2013	No data about costs of diagnostic strategies or its direct complications
Novielli 2012	No data about costs of diagnostic strategies or its direct complications
Pendergraft 2013	No data about costs of diagnostic strategies or its direct complications
Vera Arroyo 2013	No data about costs of diagnostic strategies or its direct complications

- 1. Kachroo S, Boyd D, Bookhart BK, LaMori J, Schein JR, Rosenberg DJ, Reynolds MW. Quality of life and economic costs associated with postthrombotic syndrome. Am J Health Syst Pharm. 2012 Apr 1;69(7):567-72.
- 2. Novielli N, Cooper NJ, Sutton AJ. Evaluating the cost-effectiveness of diagnostic tests in combination: is it important to allow for performance dependency? Value Health. 2013 Jun;16(4):536-41.
- 3. Pendergraft T, Atwood M, Liu X, Phatak H, Liu LZ, Oster G. Cost of venous thromboembolism in hospitalized medically ill patients. Am J Health Syst Pharm. 2013 Oct 1;70(19):1681-7.
- 4. Vera-Arroyo B1, Linares-Palomino JP, Lozano-Alonso S, Moreno-Villalonga JJ, Bravo-Molina A, Ros-Die E. Clinical and health costs impact of progress in diagnosis and treatment in venous thromboembolic disease: evolution in 15 years. Ann Vasc Surg. 2013 Nov;27(8):1162-8.



## Appendix 2: Evidence-to-Recommendation Tables and Evidence Profiles

### Evidence to recommendation framework 1

Question 1: In patients with a suspected first lower extremity DVT, should the choice of diagnostic tests process be guided by the clinical assessment of pretest probability rather than by performing the same diagnostic tests in all patients?

**Population:** Patients with suspected first lower extremity DVT

Diagnostic test: clinical assessment of the pretest probability of having DVT, followed by a diagnostic strategy

Comparison: diagnostic strategy without clinical assessment of the pretest probability of having DVT.

Setting: Outpatients

Perspective: Public health

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
PROBLEM	Is the problem a priority?	No Probably Uncertain Probably Yes Varies No Yes	Estimate incidence: - Overall: 0.1% (per year)  Estimate pre-test probability of prevalence of proximal lower extremity DVT in individuals with suspected DVT: - Overall: 19% (95%Cl 16 – 23%) - Low pre-test clinical probability: 5% (95%Cl 4 – 8%) - Moderate pre-test clinical probability: 17% (95% 13 – 23%) - High pre-test clinical probability: 53% (95%Cl 44 – 61%)  No evidence specific for the KSA setting found.	The panel considered adequate the use of Wells criteria in the Saudi population.  The panel agreed that the estimates of risk presented also could apply for the Saudi population.



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High		
	Is there important uncertainty  Possibly Probably no No	No evidence specific for the Middle East setting identified.  Importance and estimate utility values for outcomes		
	about how	Important important important important No known	Outcome Utility (range) Importa	nce
	much people	uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	Death 0 Crit	cal
က္ခ	value the		Nonfatal Intracranial Bleed (severe) 0.1 – 0.51 Crit	ical Since there are no evidence specific for
OPTIONS	main outcomes?		Nonfatal Intracranial Bleed (moderate) 0.29 – 0.77 Crit	the KSA, panel members assumed that the values on outcomes should be
= 0P	outcomes:	lies!	Nonfatal Intracranial Bleed (mild) 0.47 – 0.94 Crit	probably similar than in other populations.
王	Are the desirable No Probably Uncertain Probably Yes Varies	Nonfatal Pulmonary Embolism 0.63 Crit	The panel highlighted that there are a need for studies of values and	
S OF		Major bleed         0.44 – 0.84         Crit	preferences in the KSA setting.	
BENEFITS & HARMS OF THE	anticipated effects large?	i e e e e e e e e e e e e e e e e e e e	Source: MacLean 2012	There might be some variability and we don't have direct evidence from the KSA setting
BENEF	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes □ □ ■ ▼ □		or pulmo-  No impact was observed on patient important outcomes
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes □ □ X □ □ □	See evidence profile below for the summary of findings.	



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Clinical pre-test probability assessment does not add costs, since the clinical variables considered are usually part of the anamnesis and physical exam of a patient with suspected DVT.
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes \( \text{\tint{\text{\tint{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tinitint{\text{\tinit}}}\tint{\text{\text{\text{\text{\text{\text{\text{\text{\ticl{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\texi}}}\tint{\text{\text{\texitilex{\text{\texitilex{\text{\texi{\text{\texicl{\texitilex{\text{\texi}\tilit{\texitilex{\texi{\texi{\texi{\texi}}}\texitilex{\tiint{\tex	No evidence found	The strategy was considered cost-saving, since the number of tests required was lower. (see evidence profile below for the summary of findings)
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	Standardize judgement regardless of the size of center or location
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □	No evidence found	There may be resistance on its use by some physicians.
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes \\	No evidence found	Administrative empowerment and educational interventions to overcome potential expected initial resistance.  When applicable, the use of new technologies may be helpful for the implementation (e.g. inclusion of the criteria in computerized patient data entry)



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consquences is closely balanced or uncertain	undesirable consequences	Desirable consequences  clearly outweigh  undesirable consequences  es  in most settings	
					XI	
Type of recommendation	We recommend against offering this option	We suggest no this option		Ve suggest offering this option	We recommend offering this option	
				X		
Recommendation (text)		rabia guideline panel recommends t s of suspected firs lower extremity D		sess the pretest probability based on oderate-quality of evidence)	Wells criteria compared to not	
Justification	Despite the impact on clinical impo egy, since the number of exams re		nt compared to uniform strategies	s, the proposed curse of action recom	mended is a cost-saving strat-	
Subgroup considerations	-					
Implementation considerations	•	educational interventions may be ne tion (e.g. inclusion of the criteria in c	· · · · · · · · · · · · · · · · · · ·	cted initial resistance. When applicab	le, the use of new technologies	
Monitoring and evaluation	-					
Research priorities	-					



# Should the Choice of Diagnostic Test Process be Guided by the Clinical Assessment of Pretest Probability rather than by Performing the Same Diagnostic Tests in All Patients?

Population: Patients with suspected first lower extremity DVT

Intervention: Selective testing (D-dimer testing for outpatients with low or moderate pretest probability; venous ultrasonography without D-dimer testing for outpatients with high pretest probability and inpatients)

**Comparison:** Uniform testing (D-dimer testing for all participants)

**Setting:** Outpatients

No. of studies	Study		Factors that m	ay decrease qua	lity of evidence	e	Study ever	nt rates (%)	Absolute	Quality of	
(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Selective testing	Uniform test- ing	effect per 1000 patients	Evidence	Importance
Venous thrombo	/enous thromboembolism during follow-up (3 months)										
1 Study (1723 patients)	Randomized con- trolled trial	Serious <sup>1</sup>	None <sup>2</sup>	None <sup>3</sup>	None	Undetected <sup>2</sup>	4 / 798 <sup>4</sup> (0.5%)	4 / 798 <sup>4</sup> (0.5%)	0 (8 fewer to 8 more)	⊕⊕⊕⊝ moderate	CRITICAL
Death (3 months											
1 Study (1723 patients)	Randomized con- trolled trial	Serious <sup>1</sup>	None <sup>2</sup>	None <sup>3</sup>	None	Undetected <sup>2</sup>	15 / 860	15 / 863	0 (13 fewer to 13 more)	⊕⊕⊕⊝ moderate	CRITICAL
Major bleeding											
1 Study (1723 patients)	Randomized con- trolled trial	Serious <sup>1</sup>	None <sup>2</sup>	None <sup>3</sup>	None	Undetected <sup>2</sup>	2 / 860	1/863	1 more (5 fewer to 7 more)	⊕⊕⊕⊝ moderate	CRITICAL
D-dimer testing											
1 Study (1723 patients)	Randomized con- trolled trial	Serious <sup>1</sup>	None <sup>2</sup>	None	None	Undetected <sup>2</sup>	668 / 860 (77.7%)	859 / 863 (99.5%)	218 fewer (248 fewer to 191 fewer)	⊕⊕⊕⊝ moderate	CRITICAL
Ultrasonography											
1 Study (1723 patients)	Randomized con- trolled trial	Serious <sup>1</sup>	None <sup>2</sup>	None	None	Undetected <sup>2</sup>	438 / 860 (50.9%)	505 / 863 (58.5%)	76 fewer (122 fewer to 29 fewer)	⊕⊕⊕⊝ moderate	IMPORTANT
Ultrasonography in outpatients with a low clinical pre-test probability											
1 Study (694 patients)	Randomized con- trolled trial	Serious <sup>1</sup>	None <sup>2</sup>	None	None	Undetected <sup>2</sup>	72 / 360 (20%)	137 / 334 (41%)	210 fewer (276 fewer to 142 fewer)	⊕⊕⊕⊝ moderate	IMPORTANT



### Footnotes:

### Reference:

1. Linkins LA. Bates SM. Lang E. Kahn SR. Douketis JD. Julian J. Parpia S. Gross P. Weitz JI. Spencer FA. Lee AY. O'Donnell MJ. Crowther MA. Chan HH. Lim W. Schulman S. Ginsberg JS. Kearon C. Selective D-dimer testing for diagnosis of a first suspected episode of deep venous thrombosis: a randomized trial. Ann Intern Med. 158(2):93-100, 2013 Jan 15.



<sup>&</sup>lt;sup>1</sup>Study personnel were not blinded. The trial was stopped prematurely

<sup>&</sup>lt;sup>2</sup>Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

<sup>&</sup>lt;sup>3</sup>Outpatients: 89%

<sup>&</sup>lt;sup>4</sup>Exclude patients lost to follow-up (n=20) and with DVT on initial testing

### Evidence to recommendation framework 2

# Question 2: In patients with a low pre-test probability of first lower extremity DVT, should we use D-Dimer (ELISA) as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pre-test probability.

Diagnostic test: D-dimer (ELISA)

**Comparison:** No testing **Setting:** Outpatients **Perspective:** Public health

**CRITERIA ADDITIONAL CONSIDERATIONS JUDGEMENTS** RESEARCH EVIDENCE Estimate pre-test probability of prevalence of proximal DVT: - 5% (95% CI 4 – 8%) Risk estimates for undesirable outcomes Incidence Incidence Outcome (treated) (untreated) The panel agreed that the estimates of risk Is the Probably Uncertain Probably Yes Varies Fatal pulmonary embolism 0.3% 1.9% problem a and prevalence presented also could apply for Nonfatal pulmonary embolism 1.4% 9.3% X priority? the Saudi population. Fatal bleeding 0.3% Nonfatal intracranial bleeding 2.1% Nonfatal non-intracranial bleeding 0.1% Venographic mortality 0.03% Propagation to proximal veins 21.4% (distal DVT) Estimate incidence for 3 months



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High						
	Is there important uncertainty		No evidence specific for the Middle East set					
	about how	Important important important important No known	Importance and estimate utility values for ou		I	Since there are no evidence specific for		
	much	uncertainty uncertainty uncertainty uncertainty undesirable or variability or var	Outcome	Utility (range)	Importance	the KSA, panel members assumed that the values on outcomes should be		
	people value the main		Death	0	Critical	probably similar than in other populations.		
ONS			Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	The panel highlighted that there are a		
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical	need for studies of values and preferences in the KSA setting.		
THE			Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	· ·		
OF	Are the desirable anticipated		Nonfatal Pulmonary Embolism	0.63	Critical	Only 3 patients per 1000 tested would be		
SMS		No Probably Uncertain Probably Yes Varies No Yes	Major bleed	0.44 – 0.84	Critical	incorrectly classified as not having DVT (false negatives). On the other hand, 523		
BENEFITS & HARMS	effects large?  Are the undesirable anticipated	No Probably Uncertain Probably Yes Varies No Yes	Assumptions (outcomes):	patients would be incorrectly classified as having DVT (false positives), requiring further investigation. The probability of having DVT after a negative test is 0.70% and after a positive test is 8.25%. With no testing or treatment, we would have respectively 0.95 and 4.65 cases of fatal				
	effects small?		DVT treatment generally well acc  See evidence profile below for the summary	DVT treatment generally well accepted  See evidence profile below for the summary of findings.				
***************************************	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes \( \sum_{\text{Var}} \)	,					



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes    X	No evidence found	The cost of ELISA D-dimer was considered low for the KSA setting
RESOURCE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	As the effects are large and the costs are small, the strategy seems to be cost-effective.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies reduced	No evidence found	MOH would make available in all areas ELISA D-dimer assay, reducing inequities.
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \Box	No evidence found	-
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	In some places, ELISA D-Dimer may not be currently available, however, as it was considered easy to implement



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consquences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences es in most settings
					XI
Type of recommendation	We recommend against offering this option	We suggest no this option		We suggest offering this option	We recommend offering this option
				<b>2</b>	
Recommendation (text)	_	Arabia panel recommends the u	- · ·	er (ELISA) as an initial test for the uality evidence)	diagnosis of DVT in patients
Justification	Advantages of the intervention were was considered small.	re considered large compared to un	desirable consequences. The rate	e of false negatives and its impact on	patient important outcomes
Subgroup considerations	-				
Implementation considerations	The KSA MoH would make availab	ole in all areas ELISA D-dimer assay	1		
Monitoring and evaluation	-				
Research priorities	-				



# Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: D-Dimer (e ELISA)

Comparison: Recurrent VTE during 3 months follow

Outcome: DVT

### Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study	Factors that may decrease quality of evidence				Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance			
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance		
True positives (patients with DVT)	Systematic reviews of management cohorts and of accuracy studies	Not Seri- ous	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝ moderate	47 (47 to 48)	160 (158 to 162)	498 (493 to 504)	CRITICAL		
False negatives (patients incorrectly classified as not having DVT)								3 (3 to 4)	10 (9 to 12)	32 (27 to 37)	CRITICAL		
True negatives (patients without DVT)	Systematic reviews of management cohorts and of accuracy studies orrectly classified as not	•	·	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝	428 (418 to 437	374 (365 to 382)	212 (207 to 216)	CRITICAL
False positives (patients incorrectly classified as not having DVT)		ous Not Serious		Serious	ivoile	ondetected	moderate	523 513 to 532)	457 (448 to 465)	259 (254 to 263)	CRITICAL		



#### Footnotes:

<sup>1</sup> Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

- 1. Di Nisio M, Squizzato A, Rutjes AW, Büller HR, Zwinderman AH, Bossuyt PM. Diagnostic accuracy of D-dimer test for exclusion of venous thromboembolism: a systematic review. J Thromb Haemost. 2007 Feb;5(2):296-304.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Schouten HJ. Geersing GJ. Koek HL. Zuithoff NP. Janssen KJ. Douma RA. van Delden JJ. Moons KG. Reitsma JB. Diagnostic accuracy of conventional or age adjusted D-dimer cut-off values in older patients with suspected venous thromboembolism: systematic review and meta-analysis. BMJ. 346:f2492, 2013.
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- 5. Elías-Hernández T, Otero-Candelera R, Fernández-Jiménez D, Jara-Palomares L, Jiménez-Castro V, Barrot-Cortés E. [Clinical usefulness of three quantitative D-dimers tests in outpatients with suspected deep vein thrombosis]. Rev Clin Esp. 2012 May;212(5):235-41.
- 6. Douma RA. Tan M. Schutgens RE. Bates SM. Perrier A. Legnani C. Biesma DH. Ginsberg JS. Bounameaux H. Palareti G. Carrier M. Mol GC. Le Gal G. Kamphuisen PW. Righini M. Using an age-dependent D-dimer cut-off value increases the number of older patients in whom deep vein thrombosis can be safely excluded. Haematologica. 97(10):1507-13, 2012 Oct.
- 7. Boeer K. Siegmund R. Schmidt D. Deufel T. Kiehntopf M. Comparison of six D-dimer assays for the detection of clinically suspected deep venous thrombosis of the lower extremities. Blood Coagulation & Fibrinolysis. 20(2):141-5, 2009 Mar.
- 8. Luxembourg B. Schwonberg J. Hecking C. Schindewolf M. Zgouras D. Lehmeyer S. Lindhoff-Last E. Performance of five D-dimer assays for the exclusion of symptomatic distal leg vein thrombosis. Thromb Haemost. 107(2):369-78, 2012 Feb.



<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

### **Evidence to recommendation framework 3**

# Question 3: In patients with a low pretest probability of first lower extremity DVT, should we use proximal CUS as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pretest probability.

Diagnostic test: Proximal CUS

**Comparison:** No testing **Setting:** Outpatients

Perspective: Public health

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 5% (4 – 8%)  Risk estimates for undesirable			
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
EM		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High		No evidence specific for the Middle East setting identified.				
	Is there important uncertainty	Possibly Probably no No	Importance and estimate utility values for or	utcomes	Llanguage	Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be		
	about how	Important important important important No known	Outcome	Utility (range)	Importance	probably similar than in other populations.  The panel highlighted that there are a		
	much people	uncertainty uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	Death	0	Critical	need for studies of values and		
တ	value the		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	preferences in the KSA setting.		
OPTIONS	main outcomes?		Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical			
.0P	outcomes		Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	Only 5 patients per 1000 tested would be incorrectly classified as not having DVT		
里	Are the  desirable  No Probably Uncertain Probably Yes Varies	Nonfatal Pulmonary Embolism	0.63	Critical	(false negatives). On the other hand, 21			
3 O F		No Probably Uncertain Probably Yes Varies	Major bleed	0.44 – 0.84	Critical	patients would be incorrectly classified as having DVT (false positives). The		
BENEFITS & HARMS OF THE	anticipated effects large?	No Yes 🗆 🗆 🗆	Source: MacLean 2012  Assumptions (outcomes):			probability of having DVT after a negative test is 0.52% and after a positive test is 68.4%. Treating those patients with a positive test and discharging those with		
BENE	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes	<ul> <li>Major bleeding equivalent to pull</li> <li>Intracranial bleed (overall): 2 to 3 monary embolism</li> <li>DVT treatment generally well according to the pull of the pu</li></ul>	negative test, would result on 0.14 deaths, 0.36 cases of non-fatal pulmonary embolism and 0.35 major bleeding episodes (0.02 intracranial) per 1000 patients. With no testing or treatment, we would have respectively 0.95 and 4.65 cases of fatal and non-fatal pulmonary per				
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes  \[ \sum_{\text{\tint{\text{\tint{\text{\tint{\tex}\text{\tetx{\text{\texitilex{\text{\texi\texit{\text{\texicr{\texi\texi{\tex{\texi\texit{\text{\text{\text{\texit{\text{\texi{\texi{\texi{\t	See evidence profile below for the summary	1000 patients.				



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	Cost of proximal CUS was considered low for the KSA setting.
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes   \[ \begin{array}{c cccc} \ Varies & \ & \ & \ & \ & \ & \ & \ & \ & \ &	No evidence found	
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	ably outweigh desirable and undesirable consedesirable consequences quences		Desirable consequences clearly outweigh undesirable consequences in most settings	
					<b>X</b>	
Type of recommendation  We recommend against  offering this option  We suggest not offering this option			We suggest offering this option	We recommend offering this option		
				X		
Recommendation (text)		rabia guideline panel recommends t strong recommendation, Low-quality		itial test for the diagnosis of DVT in pa	tients with low pretest probabil-	
Justification	Advantages of the intervention wer outcomes was considered small.	re considered large compared to un	desirable consequences. The rat	te of false negatives/positives and its in	mpact on patient important	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



# Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

# Diagnostic test accuracy 1

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	nay decrease qua	lity of evidence	1	Quality of	Effect per 1 different cli	Importance		
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	Importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT:

  Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician—performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

### **Evidence to recommendation framework 4**

Question 4: In patients with a low pretest probability of first lower extremity DVT, should we use D-dimer instead of proximal CUS as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pretest probability.

**Diagnostic test:** D-Dimer **Comparison:** Proximal CUS

Setting: Outpatients

Perspective: Public health

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of prevalence of proximal DVT: $- 5\% \ (4-8\%)$ Risk estimates for undesirable outcomes			
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
EM		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS				
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High								
	Is there important uncertainty about how much people	Possibly Probably no No Important important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability or variability or variability or variability or variability	No evidence specific for the Middle East se  Importance and estimate utility values for or  Outcome		Importance	Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations. The panel highlighted that there are a				
SNC	value the main		Death	Othity (range)	Critical	need for studies of values and preferences in the KSA setting.				
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical					
THE			Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	Some women may refuse US performed				
S 0F	Are the desirable	No Probably Uncertain Probably Yes <b>Varies</b>	Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	by a man				
ARM	anticipated	No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	With proximal CUS, only 5 patients per				
× ∀	effects large?		Major bleed	0.44 – 0.84	Critical	1000 tested would be incorrectly classified as not having DVT (false				
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes □ X □ □ □ □	Intracranial bleed (overall): 2 to 3 time lism	<ul> <li>Major bleeding equivalent to pulmonary embolism</li> <li>Intracranial bleed (overall): 2 to 3 times worse than major bleed or pulmonary embo-</li> </ul>						
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes □ □ □ □								



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	D-dimer test is less expensive than proximal CUS
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable cons quences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences es in most settings		
				X			
Type of recommendation	We recommend against offering this option	We suggest no this option		We suggest offering this option			
				X			
Recommendation (text)		rabia guideline panel suggests the unrobability of first lower extremity DV		ELISA) rather than proximal CUS as a quality evidence)	n initial test for the diagnosis of		
Justification	The cost of D-dimer is lower that	an the cost of proximal CUS. Usi	ng D-dimer ELISA as an initial	test probably would be cost-savir	ng in the Saudi setting.		
Subgroup considerations	-						
Implementation - considerations							
Monitoring and evaluation	-						
Research priorities	-						



# Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

# Diagnostic test accuracy 1

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence	2	Quality of	Effect per 1 different cli	Importance		
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



<sup>&</sup>lt;sup>1</sup>Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

Question 5: In patients with a low pretest probability of first lower extremity DVT and D-Dimer negative, should we perform proximal CUS instead of discharge with no further evaluation?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pretest probability and D-dimer negative

**Diagnostic test:** Proximal CUS **Comparison:** No testing (rule out)

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of - 5% (4 – 8%)  Risk estimates for undesirable		of proximal DVT:	
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
Σ E		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS	
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations. The panel highlighted that there are a	
	Is there important uncertainty about how	Possibly Probably no No Important important important No known	•	No evidence specific for the Middle East setting identified.			
	much people value the main	uncertainty uncertainty uncertainty uncertainty undesirable or variability or var	Importance and estimate utility values for or		1 -	Two observational studies, including 765 patients, were identified in the systematic	
			Outcome	Utility (range)	Importance	review and considered for their judgment.	
OPTIONS			Death	0	Critical	In these studies, the pooled pre-test	
OPTI	outcomes?	outcomes?	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	probability was 5% and the probability of DVT post-negative D-dimer test (mixed	
		Are the desirable No Probably Uncertain Probably Yes Varies anticipated effects	Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	highly and moderately sensitive) and	
OF T	desirable anticipated		Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	proximal CUS test was 0% (95% CI 0% to 1.5%).	
SMS			Nonfatal Pulmonary Embolism	0.63	Critical	With D-dimer (ELISA), 3 patients per	
HAR			Major bleed	0.44 – 0.84	Critical	1000 tested would be incorrectly	
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes   No Probably Uncertain Probably Yes  No	Assumptions (outcomes):  - Major bleeding equivalent to pulmon - Intracranial bleed (overall): 2 to 3 tim lism - DVT treatment generally well accept	ary embolism nes worse than major b		classified as not having DVT (false negatives). The probability of having DVT after a negative test is 0.70%. If patients with D-dimer negative be discharged with no further testing, we would have 0.05 and 0.22 additional cases of fatal and non-fatal pulmonary among the false negatives per 1000 patients tested. With sequential D-dimer (ELISA) and proximal CUS negatives, the post-test probability would be negligible (0.07%). Otherwise, the number of false positives would increase 9 per 1000 initially tested. Thus, we would expect an increase of 0.03 deaths and 0.2 non-fatal major bleeding events per 1000 patients tested.	



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes □ □ □ □ X □	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	Performing proximal CUS in patients with low clinical pre-test probability and D-Dimer negative would increase costs: 428 additional ultrasounds would be needed per 1000 patients initially tested.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \( \textstyle \te	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable conse quences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences es in most settings	
					X	
Type of recommendation	We recommend against offering this option	We suggest no this option	•	e suggest offering this option	We recommend offering this option	
Recommendation (text)		rabia guideline panel recommends r dimer negative (ELISA). (Strong reco			ts with low pretest probability of	
Justification	• .	nts with low clinical pre-test probabili	•	rease costs, without impacting on pa	atient important outcomes.	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy 1

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence		Quality of		according to probabilities	lan a cutan ca	
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	Importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- $^{1}$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)
- <sup>2</sup> Higher sensitivity observed in studies with higher prevalence.
- <sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals
- <sup>4</sup> Estimates consistent with estimates from similar studies

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



## Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: D-Dimer (e ELISA)

Comparison: Recurrent VTE during 3 months follow

Outcome: DVT

## Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence		Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance	
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance	
True positives (patients with DVT)	Systematic reviews of management cohorts and of accuracy studies	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝ moderate	47 (47 to 48)	160 (158 to 162)	498 (493 to 504)	CRITICAL	
False negatives (patients incorrectly classified as not having DVT)		ous						3 (3 to 4)	10 (9 to 12)	32 (27 to 37)	CRITICAL	
True negatives (patients without DVT)	Systematic reviews of management cohorts and of accuracy studies	•	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝	428 (418 to 437	374 (365 to 382)	212 (207 to 216)	CRITICAL
False positives (patients incorrectly classified as not having DVT)		ous	NOT SELLOUS	Serious	None	Onuclecteu	moderate	523 513 to 532)	457 (448 to 465)	259 (254 to 263)	CRITICAL	



<sup>&</sup>lt;sup>1</sup>Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

- 1. Di Nisio M, Squizzato A, Rutjes AW, Büller HR, Zwinderman AH, Bossuyt PM. Diagnostic accuracy of D-dimer test for exclusion of venous thromboembolism: a systematic review. J Thromb Haemost. 2007 Feb;5(2):296-304.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Schouten HJ. Geersing GJ. Koek HL. Zuithoff NP. Janssen KJ. Douma RA. van Delden JJ. Moons KG. Reitsma JB. Diagnostic accuracy of conventional or age adjusted D-dimer cut-off values in older patients with suspected venous thromboembolism: systematic review and meta-analysis. BMJ. 346:f2492, 2013.
- 4. Der Sahakian G. Claessens YE. Allo JC. Kansao J. Kierzek G. Pourriat JL. Accuracy of D-Dimers to Rule Out Venous Thromboembolism Events across Age Categories. emerg. med. int.. 2010:185453, 2010
- 5. Elías-Hernández T, Otero-Candelera R, Fernández-Jiménez D, Jara-Palomares L, Jiménez-Castro V, Barrot-Cortés E. [Clinical usefulness of three quantitative D-dimers tests in outpatients with suspected deep vein thrombosis]. Rev Clin Esp. 2012 May;212(5):235-41.
- 6. Douma RA. Tan M. Schutgens RE. Bates SM. Perrier A. Legnani C. Biesma DH. Ginsberg JS. Bounameaux H. Palareti G. Carrier M. Mol GC. Le Gal G. Kamphuisen PW. Righini M. Using an age-dependent D-dimer cut-off value increases the number of older patients in whom deep vein thrombosis can be safely excluded. Haematologica. 97(10):1507-13, 2012 Oct.
- 7. Boeer K. Siegmund R. Schmidt D. Deufel T. Kiehntopf M. Comparison of six D-dimer assays for the detection of clinically suspected deep venous thrombosis of the lower extremities. Blood Coagulation & Fibrinolysis. 20(2):141-5, 2009 Mar.
- 8. Luxembourg B. Schwonberg J. Hecking C. Schindewolf M. Zgouras D. Lehmeyer S. Lindhoff-Last E. Performance of five D-dimer assays for the exclusion of symptomatic distal leg vein thrombosis. Thromb Haemost. 107(2):369-78, 2012 Feb.



Question 6: In patients with a low pretest probability of first lower extremity DVT and proximal CUS negative, should we perform venography instead of discharge with no further evaluation?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pretest probability and proximal CUS negative

**Diagnostic test:** Venography **Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of - 5% (4 – 8%)  Risk estimates for undesirable		Γ:	
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
E		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be		
	Is there important uncertainty about how much	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	No evidence specific for the Middle East set	probably similar than in other populations. The panel highlighted that there are a need for studies of values and preferences in the KSA setting.				
	people value the main	or variability of var	Outcome	Utility (range)	Importance	Venography is considered reference standard for DVT, however it is subject to		
SNC			Death	0	Critical	a considerably variation. Posttest		
OPTIONS	outcomes?	outcomes?	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	probability of a positive test cannot be		
			Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	estimated with confidence.		
OF TH	Are the desirable anticipated effects		Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	Post-test negative, the probability of		
MS (		No Probably Uncertain Probably Yes <b>Varies</b> No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	having recurrent venous thromboembolism during 3 months follow		
HAR			Major bleed	0.44 – 0.84	Critical	was 1.2% (95%CI 0.2% to 4.4%).		
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes Varies  No Yes   No N	Assumptions (outcomes):  - Major bleeding equivalent to pulmost intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well according to the control of the control	3 times worse than m	ajor bleed or pulmo-	Similarly, after proximal CUS, only 5 patients per 1000 tested would be incorrectly classified as not having DVT (0.52% probability of having DVT after a negative test).  Venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe alergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.		



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes \ \to	No evidence found	Contrast venography is a costly intervention
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \Box	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes \ \[ \begin{array}{c cccc} Varies & Yes & \begin{array}{c cccc} Varies & Yes & \begin{array}{c cccc} Varies & Yes & \end{array} \]	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	ably outweigh desirable and undesirable conse- esirable consequences quences undes		Desirable consequences clearly outweigh undesirable consequences in most settings	
					⊠	
Type of recommendation	We recommend against offering this option	We suggest no this option		suggest offering this option	We recommend offering this option	
					X	
Recommendation (text)	•	abia guideline panel recommends pe sensitive D-dimer (ELISA) (Strong r	• .		etest probability of first lower	
Justification	The panel considered contrast ver lished.	nography an expansive, potentially h	armful and difficult to implement alte	ernative for a situations when there	are no clear benefit estab-	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies	Study		Factors that m	nay decrease qua	lity of evidence	2	Quality of Evidence <sup>2</sup>		
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias		Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy 1

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Factors that may decrease quality of evidence						Quality of	Effect per 1 different cli	Importance		
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL

<sup>&</sup>lt;sup>1</sup> Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician—performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

# Question 7: In patients with low pretest probability of first lower extremity DVT and D-Dimer positive (ELISA), should we perform proximal CUS instead of venography?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pretest probability and D-Dimer positive

**Diagnostic test:** proximal CUS **Comparison:** Venography

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE				ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of with D-dimer (ELISA) positive: - 8.25% Risk estimates for undesirable	T in patients			
			Outcome	Incidence (treated)	Incidence (untreated)		The panel considered adequate the use of Wells criteria in the Saudi population.
LΕΝ	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%		wells cirtella ili tile Gaudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%		The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-		presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-		population.
			Nonfatal non-intracranial bleeding	0.1%	-		
			Venographic mortality	0.03%	-		
			Propagation to proximal veins (distal DVT)	-	21.4%		
			Estimate incidence for 3 months				



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS	
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High					
	Is there important uncertainty about how much	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable	No evidence specific for the Middle East se  Importance and estimate utility values for or	·		There are no studies evaluating Venography in patients with low risk for	
	people	or variability or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	Venography is considered reference	
SN	value the main		Death	0	Critical	standard for DVT, however it is subject to a	
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	considerably variation. Although often considered as 100%, post-test probability of	
THE 0			Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	a positive test cannot be estimated with	
OF TH	Are the		Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	confidence. There are no studies evaluating Venography in patients with low	
NS O	desirable anticipated	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	risk for DVT. Additionally, venography is	
IARI	effects		Major bleed	0.44 - 0.84	Critical	associated with 1 to 4% of incidence of	
BENEFITS & HARMS	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes	Assumptions (outcomes):	3 times worse than n	najor bleed or pul-	adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.  As described in the question 6, post a negative venography, the probability of having recurrent venous thromboembolism during 3 months follow of up is 1.2% (95%CI 0.2% to 4.4%). (ref) (Moderate-quality evidence).	
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes				In patients with low pre-test clinical probability and D-Dimer test positive (ELISA), the probability of having DVT after a negative CUS is 0.88% and the probability after a positive CUS is 78.69%. Per 1000 patients initially tested, 11	



CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
			patients without DVT will be treated and 5 patients with DVT and D-dimer positive will be discharged. Due to misdiagnosing, we would have additionally 0.11 deaths, 0.36 cases of non-fatal pulmonary embolism and 0.23 major bleeding episodes (0.01 intracranial) per 1000 patients.



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \ \[ \square\text{ \text{ \text{Varies}}} \]	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ X □	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	e of consequences  Undesirable consequences  clearly outweigh  desirable consequences  in most settings  Undesirable consequences  desirable consequences  in most settings  in most settings		The balance between desirable and undesirable consequences is closely balanced or uncertain	Desirable consequences probably outweigh undesirable consequences in most settings	Desirable consequences clearly outweigh undesirable consequences in most settings
					X
Type of recommendation	We recommend against offering this option	We suggest not this optic		suggest offering this option	We recommend offering this option
					X
Recommendation (text)		rabia guideline panel recommends py sensitive D-dimer (ELISA) (Strong			retest probability of first lower
Justification	-The panel considered contrast ve lished.	nography an expansive, potentially h	narmful and difficult to implement alt	ernative for a situations when there	e are no clear benefit estab-
Subgroup considerations	-				
Implementation considerations	-				
Monitoring and evaluation	-				
Research priorities	-				



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies	Study		Factors that m	ay decrease qua	lity of evidence	2	Quality of		
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT and D-dimer (ELISA) positive: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and D-dimer (ELISA) positive

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy of proximal CUS <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that may decrease quality of evidence					Effect per 570 patients (equivalent to patients with D-dimer positive per 1000)	Importance
Outcome	design	Risk of bias	Inconsistency Indirectness Imprecision		Evidence	8.25% (Proportion of patients with low pretest probability and D-dimer positive)	importance		
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	44 (43 to 45)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (4 to 6)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	gement cohorts serious Not Serious Serious None Undetected		⊕⊕⊕⊝ moderate	510 (506 to 513)	CRITICAL			
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	11 (8 to 16)	CRITICAL

<sup>&</sup>lt;sup>1</sup> Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician—performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

Question 8: In patients with low pretest probability of first lower extremity DVT and proximal CUS positive, should we perform proximal venography instead of treating, without further investigation?

**Population:** Patients with suspected first lower extremity DVT, with low clinical pretest probability and proximal CUS positive

**Diagnostic test:** venography **Comparison:** no testing (treat)

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 5% (4 – 8%)  Risk estimates for undesirable		of proximal DVT:	
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
EM	Is the problem a No Probably No		Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM			Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				
	Is there important uncertainty	Possibly Probably no No	No evidence specific for the Middle East se	·		Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations.
	about how much	Important important important important No known uncertainty uncertainty uncertainty undesirable	Outcome	Utility (range)	Importance	The panel highlighted that there are a
	people	or variability or variability or variability outcomes	Death	0	Critical	need for studies of values and
SNC	value the main		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	preferences in the KSA setting.
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	As described in the question 6, post a
	Are the  desirable No Probably Uncertain Probably Yes Varies anticipated No Yes	Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	negative venography, the probability of	
0F <sup>-</sup>		No Dushahir Unagatain Dushahir Van Varian	Nonfatal Pulmonary Embolism	0.63	Critical	having recurrent venous thromboembolism during 3 months follow
3MS		ipated	Major bleed	0.44 – 0.84	Critical	of up is 1.2% (95%Cl 0.2% to 4.4%). (ref)
BENEFITS & HARMS OF THE	effects large?		Cate-hoek 2009, MacLean 2012 Assumptions (outcomes):	(Moderate-quality evidence). Venography is considered the reference standard for DVT.  As reported in the question 3, 21 patients per 1000 tested with proximal CUS would be incorrectly classified as not having DVT (Moderate-quality evidence).  Treating unnecessary this patients we would result in 0.06 deaths and 0.46		
BENE	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes No Yes  I IX I II II II II	<ul> <li>Major bleeding equivalent to pull</li> <li>Intracranial bleed (overall): 2 to 3 nary embolism</li> <li>DVT treatment generally well ac</li> </ul>			
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes □ □ X □ □				major bleeding episodes (0.02 intracranial).



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consequences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences in most settings		
					⊠ <sub>0</sub>		
Type of recommendation	We recommend against offering this option	We suggest no this option	•	e suggest offering this option	We recommend offering this option		
					X		
Recommendation (text)	The Ministry of Health of Saudi Arabia panel recommends no further investigation, rather than confirmatory venography, in patients with low pretest probability of first lower extremity DVT and positive proximal CUS. (Strong recommendation, Moderate-quality evidence)						
Justification		nography an expansive, potentially horoximal CUS were considered acce			are no clear benefit estab-		
Subgroup considerations	-						
Implementation considerations	-						
Monitoring and evaluation	-						
Research priorities	-						



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

## Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies (No. of pa- tients)	Study design		Factors that m	ay decrease qua	lity of evidence	2	Quality of		
Outcome			Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence Post-test probability of negative test	Importance	
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	nay decrease qua	lity of evidence	2	Quality of	Effect per 1 different cli	Importance		
Outcome	design	Risk of bias	Inconsistency		Evidence	5% (low)	17% (mod- erate)	53% (high)	importance		
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- $^{1}$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)
- <sup>2</sup> Higher sensitivity observed in studies with higher prevalence.
- <sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals
- <sup>4</sup> Estimates consistent with estimates from similar studies

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



# Question 9: In patients with a moderate pretest probability of first lower extremity DVT, should we use D-Dimer (ELISA) as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with moderate clinical pretest probability.

Diagnostic test: D-dimer (ELISA)

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable		of proximal DVT:	
			Outcome	Incidence (treated)	Incidence (untreated)	
EM	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	The panel agreed that the estimates of risk
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	presented also could apply for the Saudi
PR	priority?		Fatal bleeding	0.3%	-	population.
			Nonfatal intracranial bleeding	2.1%	-	
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				
)PTIONS	Is there important uncertainty about how much people value the main outcomes?	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	No evidence specific for the Middle East se  Importance and estimate utility values for or  Outcome  Death  Nonfatal Intracranial Bleed (severe)	· ·	Importance Critical Critical	Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations. The panel highlighted that there are a need for studies of values and
BENEFITS & HARMS OF THE OPTIONS	Are the desirable anticipated effects large?	No Probably Uncertain Probably Yes Varies No Yes	Nonfatal Intracranial Bleed (moderate)  Nonfatal Intracranial Bleed (mild)  Nonfatal Pulmonary Embolism  Major bleed  Cate-hoek 2009, MacLean 2012	0.29 – 0.77 0.47 – 0.94 0.63 0.44 – 0.84	Critical Critical Critical Critical	Only 10 patients per 1000 tested would be incorrectly classified as not having DVT (false negatives). On the other hand, 457 patients would be incorrectly classified as having DVT (false positives).
BENEF	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes \( \textstyle \te	Assumptions (outcomes):  - Major bleeding equivalent to pull - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well according	3 times worse than m	najor bleed or pulmo-	The probability of having DVT after a negative test is 2.7% and after a positive test is 25.9%. With no testing or treatment, we would have respectively 3.2 and 15.8 cases of fatal and non-fatal pulmonary per 1000 patients.
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes \Boxed{1}				



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	The cost of ELISA D-dimer was considered low for the KSA setting
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ □	No evidence found	As the effects are large and the costs are small, the strategy seems to be cost-effective.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	MOH would make available in all areas ELISA D-dimer assay, reducing inequities.
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ ☒ □	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	In some places, ELISA D-Dimer may not be currently available, however, as it was considered easy to implement



Balance of consequences	Undesirable consequences  clearly outweigh desirable consequences in most settings  Undesirable consequences ably outweigh desirable consequences in most settings  in most settings		The balance between desirable and undesirable cons quences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences es in most settings					
					X					
Type of recommendation	We recommend against We suggest offering this option this o			Ve suggest offering this option	We recommend offering this option					
Recommendation (text)	The Ministry of Health of Saudi Arabia panel recommends the use of highly sensitivity D-Dimer (ELISA) as an initial test for the diagnosis of DVT in patients with moderate pretest probability of first lower extremity DVT. (Strong recommendation, Moderate-quality evidence									
Justification	Advantages of the intervention were considered large compared to undesirable consequences. The rate of false negatives and its impact on patient important outcomes was considered small.									
Subgroup considerations	-									
Implementation considerations	The KSA MoH would make available in all areas ELISA D-dimer assay									
Monitoring and evaluation	-									
Research priorities	-									



## Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: D-Dimer (e ELISA)

Comparison: Recurrent VTE during 3 months follow

Outcome: DVT

## Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study design	Factors that may decrease quality of evidence				Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance	
		Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
<b>True positives</b> (patients with DVT)	Systematic reviews of management cohorts and of accuracy studies	Not Seri- ous	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊖ moderate	47 (47 to 48)	160 (158 to 162)	498 (493 to 504)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)								3 (3 to 4)	10 (9 to 12)	32 (27 to 37)	CRITICAL
True negatives (patients without DVT)	Systematic reviews of management cohorts and of accuracy studies	Not Seri- ous	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝ moderate	428 (418 to 437	374 (365 to 382)	212 (207 to 216)	CRITICAL
False positives (patients incorrectly classified as not having DVT)								523 513 to 532)	457 (448 to 465)	259 (254 to 263)	CRITICAL



<sup>&</sup>lt;sup>1</sup>Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

- 1. Di Nisio M, Squizzato A, Rutjes AW, Büller HR, Zwinderman AH, Bossuyt PM. Diagnostic accuracy of D-dimer test for exclusion of venous thromboembolism: a systematic review. J Thromb Haemost. 2007 Feb;5(2):296-304.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Schouten HJ. Geersing GJ. Koek HL. Zuithoff NP. Janssen KJ. Douma RA. van Delden JJ. Moons KG. Reitsma JB. Diagnostic accuracy of conventional or age adjusted D-dimer cut-off values in older patients with suspected venous thromboembolism: systematic review and meta-analysis. BMJ. 346:f2492, 2013.
- 4. Der Sahakian G. Claessens YE. Allo JC. Kansao J. Kierzek G. Pourriat JL. Accuracy of D-Dimers to Rule Out Venous Thromboembolism Events across Age Categories. emerg. med. int.. 2010:185453, 2010
- 5. Elías-Hernández T, Otero-Candelera R, Fernández-Jiménez D, Jara-Palomares L, Jiménez-Castro V, Barrot-Cortés E. [Clinical usefulness of three quantitative D-dimers tests in outpatients with suspected deep vein thrombosis]. Rev Clin Esp. 2012 May;212(5):235-41.
- 6. Douma RA. Tan M. Schutgens RE. Bates SM. Perrier A. Legnani C. Biesma DH. Ginsberg JS. Bounameaux H. Palareti G. Carrier M. Mol GC. Le Gal G. Kamphuisen PW. Righini M. Using an age-dependent D-dimer cut-off value increases the number of older patients in whom deep vein thrombosis can be safely excluded. Haematologica. 97(10):1507-13, 2012 Oct.
- 7. Boeer K. Siegmund R. Schmidt D. Deufel T. Kiehntopf M. Comparison of six D-dimer assays for the detection of clinically suspected deep venous thrombosis of the lower extremities. Blood Coagulation & Fibrinolysis. 20(2):141-5, 2009 Mar.
- 8. Luxembourg B. Schwonberg J. Hecking C. Schindewolf M. Zgouras D. Lehmeyer S. Lindhoff-Last E. Performance of five D-dimer assays for the exclusion of symptomatic distal leg vein thrombosis. Thromb Haemost. 107(2):369-78, 2012 Feb.



# Question 10: In patients with a moderate pretest probability of first lower extremity DVT, should we use proximal CUS as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with moderate clinical pretest probability.

Diagnostic test: Proximal CUS

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	RESEARCH EVIDENCE				
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable					
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of		
E		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.		
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk		
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi		
			Nonfatal intracranial bleeding	2.1%	-	population.		
			Nonfatal non-intracranial bleeding	0.1%	-			
			Venographic mortality	0.03%	-			
			Propagation to proximal veins (distal DVT)	-	21.4%			
			Estimate incidence for 3 months	•				



CRI	ITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
over cert this	tainty of	No included studies Very low Low Moderate High						
impunc abo muc peo		Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability or U	No evidence specific for the Middle East se Importance and estimate utility values for o	Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations. The panel highlighted that there are a need for studies of values and preferences in the KSA setting.				
Mai			Death	Utility (range)	Importance Critical	preferences in the KSA setting.		
ö			Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	Sixteen patients per 1000 tested would be		
<u> </u>	Are the desirable anticipated effects large?		Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical	incorrectly classified as not having DVT (false negatives). On the other hand, 18		
Are desi		No Probably Uncertain Probably Yes <b>Varies</b>	Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	patients would be incorrectly classified a		
S anti		No Yes XIIIS	` ′	0.47 = 0.94	Critical	having DVT (false positives). The probability of having DVT after a negative		
∯ effe			Nonfatal Pulmonary Embolism  Major bleed	0.65	Critical	test is 2% and after a positive test is 89.4%. Treating those patients with a		
anti effe sma Are desi	desirable icipated ects all?  the	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	Assumptions (outcomes):  - Major bleeding equivalent to pul  - Intracranial bleed (overall): 2 to nary embolism  - DVT treatment generally well ac	3 times worse than n	najor bleed or pulmo-	positive test and discharging those with negative test, would result on 0.26 deaths, 1.15 cases of non-fatal pulmonary embolism and 0.04 major bleeding episodes (0.002 intracranial) per 1000 patients. With no testing or treatment, we would have respectively 3.2 and 15.8 cases of fatal and non-fatal pulmonary per 1000 patients.		
und		No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ □ □ □						



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Cost of proximal CUS was considered low for the KSA setting.
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consequences probably outweigh undesirable consequence is closely balanced or uncertain Desirable consequences probably outweigh undesirable consequence in most settings		Desirable consequences clearly outweigh undesirable consequenc- es in most settings	
					区	
Type of recommendation	We recommend against offering this option	We suggest not this optic		We suggest offering this option	We recommend offering this option	
					X	
Recommendation (text)		abia guideline panel recommends th		ial test for the diagnosis of DVT in pat	ients with moderate pretest	
Justification	Advantages of the intervention wer outcomes was considered small.	re considered large compared to und	desirable consequences. The rat	te of false negatives/positives and its i	mpact on patient important	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



Population: Patients with suspected first lower extremity DVT

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence		Quality of	Quality of Effect per 1000 patients, according to different clinical pre-test probabilities			l management and an
Outcome	designRisk of biasInconsistencyIndirectnessImprecisionPublicat bias	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	Importance				
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

Question 11: In patients with moderate pretest probability of first lower extremity DVT, should we use D-dimer instead of proximal CUS as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with moderate clinical pretest probability.

**Diagnostic test:** D-Dimer **Comparison:** Proximal CUS

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable				
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of	
ΕM		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.	
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk	
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi	
			Nonfatal intracranial bleeding	2.1%	-	population.	
			Nonfatal non-intracranial bleeding	0.1%	-		
			Venographic mortality	0.03%	-		
			Propagation to proximal veins (distal DVT)	-	21.4%		
					·		



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS			
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High							
	Is there important uncertainty about how much	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable	No evidence specific for the Middle East se	Since there are no evidence specific for the KSA, panel members assumed that					
	people value the main	or variability or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	the values on outcomes should be			
OPTIONS		Death	0	Critical	probably similar than in other populations.  The panel highlighted that there are a				
OPTI	outcomes?	omes?	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	need for studies of values and			
	Are the desirable anticipated effects large?	Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical	preferences in the KSA setting.				
0 F		No Probably Uncertain Probably Yes <b>Varies</b>	Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	With proximal CUS, 16 patients per 1000			
RMS		No Yes	Nonfatal Pulmonary Embolism  Major bleed	0.63 0.44 – 0.84	Critical Critical	tested would be incorrectly classified as not having DVT (false negatives). On the			
BENEFITS & HARMS OF THE		Assumptions (outcomes):	other hand, 18 patients would be incorrectly classified as having DVT (false positives). Similarly with D-dimer (ELISA),						
BENE	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes	<ul> <li>Major bleeding equivalent to pulmon</li> <li>Intracranial bleed (overall): 2 to 3 tin lism</li> <li>DVT treatment generally well accept</li> </ul>	nes worse than major bl	eed or pulmonary embo-	only 10 patients per 1000 tested would be incorrectly classified as not having DVT. However, 374 patients would be discharged with no need of a further test (D-dimer negative).			
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes							



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	D-dimer test is less expensive than proximal CUS
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes   \[ \begin{array}{c cccc} Varies &	No evidence found	
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes   \[ \square{\text{\tint{\text{\tint{\text{\text{\text{\text{\text{\text{\text{\text{\tinit}\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tilit}}\tint{\text{\text{\text{\text{\text{\text{\text{\text{\text{\tinit}\text{\texict{\text{\texiclex{\text{\text{\texi{\text{\texi{\texi\texi{\text{\texi}\til\tinit\tint{\texi\tiint{\text{\texict{\tiint{\texit{\texi{\tex{	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consequences probably outweigh undesirable consequences is closely balanced or uncertain Desirable consequences probably outweigh undesirable consequences in most settings		Desirable consequences clearly outweigh undesirable consequences es in most settings
				X	
Type of recommendation	We recommend against offering this option	We suggest no this option		We suggest offering this option	We recommend offering this option
				X	
Recommendation (text)		abia guideline panel suggests the us test probability of first lower extremit		LISA) rather than proximal CUS as ar Low-quality evidence)	n initial test for the diagnosis of
Justification	The cost of D-dimer is lower than t	he cost of proximal CUS. Using D-d	imer ELISA as an initial test prob	pably would be cost-saving in the Sau	di setting.
Subgroup considerations	-				
Implementation considerations	-				
Monitoring and evaluation					
Research priorities					



Population: Patients with suspected first lower extremity DVT

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence		Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

# Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: D-Dimer (ELISA)

Comparison: Recurrent VTE during 3 months follow

Outcome: DVT

## Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study		Factors that may decrease quality of evidence				Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			- Importance	
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance	
True positives (patients with DVT)	Systematic reviews of management cohorts and of accuracy studies	•	Not Seri-		2	Naca	l lo doto sto d	⊕⊕⊕⊝	47 (47 to 48)	160 (158 to 162)	498 (493 to 504)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)		ous	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	moderate	3 (3 to 4)	10 (9 to 12)	32 (27 to 37)	CRITICAL	
True negatives (patients without DVT)	Systematic reviews of management cohorts	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝	428 (418 to 437	374 (365 to 382)	212 (207 to 216)	CRITICAL	
False positives (patients incorrectly classified as not having DVT)	and of accuracy studies	ous	Not Serious	Schous	none	Onactected	moderate	523 513 to 532)	457 (448 to 465)	259 (254 to 263)	CRITICAL	

### Footnotes:



<sup>&</sup>lt;sup>1</sup>Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

- 1. Di Nisio M, Squizzato A, Rutjes AW, Büller HR, Zwinderman AH, Bossuyt PM. Diagnostic accuracy of D-dimer test for exclusion of venous thromboembolism: a systematic review. J Thromb Haemost. 2007 Feb;5(2):296-304.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Schouten HJ. Geersing GJ. Koek HL. Zuithoff NP. Janssen KJ. Douma RA. van Delden JJ. Moons KG. Reitsma JB. Diagnostic accuracy of conventional or age adjusted D-dimer cut-off values in older patients with suspected venous thromboembolism: systematic review and meta-analysis. BMJ. 346:f2492, 2013.
- 4. Der Sahakian G. Claessens YE. Allo JC. Kansao J. Kierzek G. Pourriat JL. Accuracy of D-Dimers to Rule Out Venous Thromboembolism Events across Age Categories. emerg. med. int.. 2010:185453, 2010
- 5. Elías-Hernández T, Otero-Candelera R, Fernández-Jiménez D, Jara-Palomares L, Jiménez-Castro V, Barrot-Cortés E. [Clinical usefulness of three quantitative D-dimers tests in outpatients with suspected deep vein thrombosis]. Rev Clin Esp. 2012 May;212(5):235-41.
- 6. Douma RA. Tan M. Schutgens RE. Bates SM. Perrier A. Legnani C. Biesma DH. Ginsberg JS. Bounameaux H. Palareti G. Carrier M. Mol GC. Le Gal G. Kamphuisen PW. Righini M. Using an age-dependent D-dimer cut-off value increases the number of older patients in whom deep vein thrombosis can be safely excluded. Haematologica. 97(10):1507-13, 2012 Oct.
- 7. Boeer K. Siegmund R. Schmidt D. Deufel T. Kiehntopf M. Comparison of six D-dimer assays for the detection of clinically suspected deep venous thrombosis of the lower extremities. Blood Coagulation & Fibrinolysis. 20(2):141-5, 2009 Mar.
- 8. Luxembourg B. Schwonberg J. Hecking C. Schindewolf M. Zgouras D. Lehmeyer S. Lindhoff-Last E. Performance of five D-dimer assays for the exclusion of symptomatic distal leg vein thrombosis. Thromb Haemost. 107(2):369-78, 2012 Feb.



Question 12: In patients with a moderate pretest probability of first lower extremity DVT and D-Dimer negative, should we perform proximal CUS instead of discharge with no further evaluation?

**Population:** Patients with suspected first lower extremity DVT, with moderate clinical pretest probability and D-dimer negative

**Diagnostic test:** Proximal CUS **Comparison:** No testing (rule out)

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable			
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
ΕM	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be		
OPTIONS	Is there important uncertainty about how much people value the main	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	No evidence specific for the Middle East se	probably similar than in other populations. The panel highlighted that there are a need for studies of values and preferences in the KSA setting.  As reported in question 9, using D-dimer as initial test (ELISA), 10 patients per 1000 tested would be incorrectly classi-				
OPT	outcomes?		Importance and estimate utility values for ou	fied as not having DVT (false negatives).  The probability of having DVT after a				
BENEFITS & HARMS OF THE	Are the desirable		Outcome	Utility (range)	Importance	negative test is 2.7%. If patients with D-		
3 O F		No Probably Uncertain Probably Yes Varies	Death	0	Critical	dimer negative be discharged with no		
'RM	anticipated	No Yes	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	further testing, we would have 0.16 and		
8 H/	effects large?		Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical	0.72 additional cases of fatal and non- fatal pulmonary among the false nega-		
STI	iarye:		Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	tives per 1000 patients tested.		
NEF			Nonfatal Pulmonary Embolism	0.63	Critical	avoo por 1000 patiento testeu.		
BE	Are the	ı	Major bleed	0.44 – 0.84	Critical	With sequential D-dimer (ELISA) and		
	undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes □ □ X □ □				proximal CUS negatives, only 1 per 1000 patients tested would be the false negative (posttest probability = 0.27%). Otherwise, the number of false would		
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes  IIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIIII				increase 8 per 1000 initially tested. Thus we would expect an increase of 0.02 deaths and 0.2 non-fatal major bleeding events per 1000 patients tested.		



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes  X	No evidence found	Performing proximal CUS in patients with low clinical pre-test probability and D-Dimer negative would increase costs: 374 additional ultrasounds would be needed per 1000 patients initially tested.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ □ □ □	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes  \[ \begin{array}{c cccc} Varies &	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable cor quences is closely balanced or uncert	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences in most settings
		团			
Type of recommendation	We recommend against offering this option	0 00		We suggest offering this option	We recommend offering this option
		X			
Recommendation (text)	•	•		orther investigation with proximal Cl mendation. Low-quality evidence)	JS in patients with moderate
Justification		nts with low clinical pre-test probabilition were considered low by the par		increase costs, without impacting on p	atient important outcomes.
Subgroup considerations	-				
Implementation considerations	-				
Monitoring and evaluation	-				
Research priorities	-				



Population: Patients with suspected first lower extremity DVT

Intervention: Proximal compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that may decrease quality of evidence					Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



#### Footnotes:

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT:

  Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



<sup>&</sup>lt;sup>1</sup>Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

## Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: D-Dimer (e ELISA)

Comparison: Recurrent VTE during 3 months follow

Outcome: DVT

## Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study		Factors that may decrease quality of evidence				Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance	
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance	
True positives (patients with DVT)	Systematic reviews of management cohorts and of accuracy studies	•	Not Seri-	1	2	Nava	l lo doto sto d	⊕⊕⊕⊝	47 (47 to 48)	160 (158 to 162)	498 (493 to 504)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)		ous	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	moderate	3 (3 to 4)	10 (9 to 12)	32 (27 to 37)	CRITICAL	
True negatives (patients without DVT)	Systematic reviews of management cohorts	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝	428 (418 to 437	374 (365 to 382)	212 (207 to 216)	CRITICAL	
False positives (patients incorrectly classified as not having DVT)	and of accuracy studies	ous	Not Schous	Serious	none	Onactetted	moderate	523 513 to 532)	457 (448 to 465)	259 (254 to 263)	CRITICAL	

### Footnotes:



<sup>&</sup>lt;sup>1</sup>Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

- 1. Di Nisio M, Squizzato A, Rutjes AW, Büller HR, Zwinderman AH, Bossuyt PM. Diagnostic accuracy of D-dimer test for exclusion of venous thromboembolism: a systematic review. J Thromb Haemost. 2007 Feb;5(2):296-304.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Schouten HJ. Geersing GJ. Koek HL. Zuithoff NP. Janssen KJ. Douma RA. van Delden JJ. Moons KG. Reitsma JB. Diagnostic accuracy of conventional or age adjusted D-dimer cut-off values in older patients with suspected venous thromboembolism: systematic review and meta-analysis. BMJ. 346:f2492, 2013.
- 4. Der Sahakian G. Claessens YE. Allo JC. Kansao J. Kierzek G. Pourriat JL. Accuracy of D-Dimers to Rule Out Venous Thromboembolism Events across Age Categories. emerg. med. int.. 2010:185453, 2010
- 5. Elías-Hernández T, Otero-Candelera R, Fernández-Jiménez D, Jara-Palomares L, Jiménez-Castro V, Barrot-Cortés E. [Clinical usefulness of three quantitative D-dimers tests in outpatients with suspected deep vein thrombosis]. Rev Clin Esp. 2012 May;212(5):235-41.
- 6. Douma RA. Tan M. Schutgens RE. Bates SM. Perrier A. Legnani C. Biesma DH. Ginsberg JS. Bounameaux H. Palareti G. Carrier M. Mol GC. Le Gal G. Kamphuisen PW. Righini M. Using an age-dependent D-dimer cut-off value increases the number of older patients in whom deep vein thrombosis can be safely excluded. Haematologica. 97(10):1507-13, 2012 Oct.
- 7. Boeer K. Siegmund R. Schmidt D. Deufel T. Kiehntopf M. Comparison of six D-dimer assays for the detection of clinically suspected deep venous thrombosis of the lower extremities. Blood Coagulation & Fibrinolysis. 20(2):141-5, 2009 Mar.
- 8. Luxembourg B. Schwonberg J. Hecking C. Schindewolf M. Zgouras D. Lehmeyer S. Lindhoff-Last E. Performance of five D-dimer assays for the exclusion of symptomatic distal leg vein thrombosis. Thromb Haemost. 107(2):369-78, 2012 Feb.



# Question 13: In patients with a moderate pretest probability of first lower extremity DVT and DD positive, should we perform proximal CUS instead of venography?

**Population:** Patients with suspected first lower extremity DVT, with moderate clinical pretest probability and D-Dimer positive

**Diagnostic test:** proximal CUS **Comparison:** Venography

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of with D-dimer (ELISA) positive: - 25.93%  Risk estimates for undesirable		of proximal DVT in patients	
Σ	Is the problem a	No Probably Uncertain Probably Yes Varies	Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of Wells criteria in the Saudi population.
PROBLEM		No Probably Uncertain Probably Yes Varies No Yes	Fatal pulmonary embolism	0.3%	1.9%	
RO	priority?		Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
Ъ		<del>_</del>	Fatal bleeding	0.3%	-	presented also could apply for the Saudi population.
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS			
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High							
BENEFITS & HARMS OF THE OPTIONS	Is there important uncertainty about how much people value the main outcomes?	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	No evidence specific for the Middle East se	There are no studies evaluating Venography in patients with low risk for DVT. Venography is considered reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, post-test probability					
H.	Are the desirable anticipated		Outcome	Utility (range)	Importance	of a positive test cannot be estimated			
0F 1		No Probably Uncertain Probably Yes Varies	Death	0	Critical	with confidence. There are no studies evaluating Venography in patients with			
RMS		No Yes	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	low risk for DVT. Additionally,			
H A	effects large?		Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	venography is associated with 1 to 4% of incidence of adverse reactions to contra			
ITS 8	laryer		Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	media, including dizziness and nausea,			
NEF			Nonfatal Pulmonary Embolism	0.63	Critical	severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.			
BE	Are the		Major bleed	0.44 – 0.84	Critical				
	undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ □				As described in the question 6, post a negative venography, the probability of having recurrent venous thromboembolism during 3 months follow			
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes \( \square\)				of up is 1.2% (95%CI 0.2% to 4.4%). (ref) (Moderate-quality evidence).  In patients with moderate pretest clinical probability and D-Dimer test positive (ELISA), the probability of having DVT after a negative CUS is 3.36% and the			



CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
			probability after a positive CUS is 93.49%. Per 1000 patients initially tested, 10 patients without DVT will be treated and 15 patients with DVT and D-dimer positive will be discharged. Due to misdiagnosing, we would have additionally 0.27 deaths, 1.08 cases of non-fatal pulmonary embolism and fewer 0.11 major bleeding episodes per 1000 patients.



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes \( \text{\text{\text{Varies}}} \)	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable cons quences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequenc- es in most settings
					团
Type of recommendation	We recommend against We suggest no offering this option this option				We recommend offering this option
					X
Recommendation (text)		rabia guideline panel recommends phighly sensitive D-dimer (ELISA) (\$		nan venography in patients with mode ality evidence)	erate pretest probability of first
Justification	-The panel considered contrast ve lished.	nography an expansive, potentially h	narmful and difficult to implement	alternative for a situations when there	e are no clear benefit estab-
Subgroup considerations	-				
Implementation considerations	-				
Monitoring and evaluation	-				
Research priorities	-				



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

### Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies	No. of studies Study Factors that m		ay decrease quality of evidence			Quality of			
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

Population: Patients with suspected first lower extremity DVT and D-dimer (ELISA) positive

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy of proximal CUS <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study	Factors that may decrease quality of evidence		•	Quality of	Effect per 616 patients (equivalent to patients with D-dimer positive per 1000)	Importance		
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	Proportion of patients with low pretest probability and D-dimer positive: 25.93%	•
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	144 (141 to 147)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	16 (13 to 19)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	446 (441 to 449)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	10 (7 to 14)	CRITICAL

### Footnotes:

<sup>&</sup>lt;sup>1</sup> Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician—performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
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<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

Question 14: In patients with moderate pretest probability of first lower extremity DVT and initial proximal CUS negative, should we repeat proximal CUS instead of rule out without further investigation?

Population: Patients with suspected first lower extremity DVT, with moderate clinical pretest probability and initial CUS negative

Diagnostic test: repeat CUS in 1 week

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable			
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
Ε	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be		
	Is there important uncertainty about how	Possibly Probably no No Important important important No known	No evidence specific for the Middle East se	·		probably similar than in other populations. The panel highlighted that there are a need for studies of values and preferences in the KSA setting.		
	much people	uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	The probability of having DVT after a		
S	value the		Death	0	Critical	negative test is 2%. Discharging those		
NOIL	main		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	patients with negative test would result on 0.26 deaths, 1.15 cases of non-fatal pul-		
OPT	outcomes?		Nonfatal Intracranial Bleed (moderate)	0.1 - 0.31	Critical	monary embolism per 1000 patients ini-		
표	• "		, ,			tially tested.		
OF	Are the desirable	No Probably Uncertain Probably Yes Varies	Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	,		
RMS	anticipated	No Yes	Nonfatal Pulmonary Embolism	0.63 0.44 – 0.84	Critical	For serial CUS in patients with moderate		
Ŧ	effects		Major bleed	0.44 - 0.84	Critical	clinical pretest probability, three observa-		
BENEFITS & HARMS OF THE OPTIONS	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies  No Yes Yes Varies  No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes Varies  No Yes Yes Yes	Cate-hoek 2009, MacLean 2012  Assumptions (outcomes):  - Major bleeding equivalent to pul  - Intracranial bleed (overall): 2 to a nary embolism  - DVT treatment generally well ac	3 times worse than n	najor bleed or pulmo-	clinical pretest probability, three observational studies were identified in the systematic review. In these studies, the pooled prevalence of DVT was 15.8% and the probability of DVT post-negative serial CUS were 1.1% (95%CI 0.4% to 2.5%) and 0.6% (95%CI 0.4% to 0.9%). Repeating the proximal CUS would reduce the rate of false negatives, however would increase the number of false positives, resulting in higher bleeding rates.		



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes □ 🗓 □ □	No evidence found	Performing proximal CUS in patients with moderate clinical pretest probability and initial CUS negative would increase costs: 831 additional ultrasounds would be needed per 1000 patients initially tested.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders ?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consquences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequenc- es in most settings	
			X			
Type of recommendation	We recommend against offering this option	We suggest no this optio	•	We suggest offering this option	We recommend offering this option	
		X				
Recommendation (text)	•	• •		ther than repeat proximal CUS (Weak recommendation, Low-	•	
Justification				itial proximal CUS negative wo were considered adequate by		
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



Evidence Profile Table for Studies Assessing Serial Compression Ultrasound (CUS) in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

Should Serial CUS be Used to Rule Out DVT in patients with moderate pretest probability?

Population: Patients with suspected first lower extremity DVT and moderate clinical pretest probability

Intervention: Serial CUS

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available

Outcome	No. of studies (No. of pa- tients)	Study design	Risk of bias	Factors that ma	y decrease qualit	y of evidence	Publication bias	Quality of Evidence <sup>1</sup>	Pretest proba- bility (preva- lence)	Post-test probability of negative test	-
Venous thromboem- bolism (3 months)	1 study (426 patients)	Management Cohort	Not Serious	Not serious	Not Serious	Serious	Undetected	⊕⊕⊕⊝ moderate	18.8%	0% (0 to 3.1%)	CRITICAL

#### Footnotes:

#### References:

1. Anderson DR, Wells PS, Stiell I, et al. Thrombosis in the emergency department: use of a clinical diagnosis model to safely avoid the need for urgent radiological investigation. Arch Intern Med. 1999; 159 (5): 477 - 482



<sup>&</sup>lt;sup>1</sup> Judgement according to the original systematic review; no additional study had been identified.

Population: Patients with suspected first lower extremity DVT

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study design	Factors that may decrease quality of evidence					Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
		Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	- Importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

Question 15: In patients with moderate pretest probability of first lower extremity DVT, proximal CUS negative and D-Dimer positive (ELI-SA), should we repeat proximal CUS in 1 week instead of rule out without further investigation?

Population: Patients with suspected first lower extremity DVT, with moderate clinical pretest probability, DD positive and CUS negative

Diagnostic test: repeat CUS in 1 week

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable		of proximal DVT:	
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
EM	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High						
	Is there important uncertainty about how much	important uncertainty about how Important Impo	No evidence specific for the Middle East setting identified.  Importance and estimate utility values for outcomes			need for studies of values and preferences in the KSA setting.  As reported in question 13, in patients with moderate pretest clinical probability		
	people	or variability or variability or variability or variability or variability	Outcome	Utility (range)	Importance	and D-Dimer test positive, the probability of having DVT after a negative CUS is		
တ	value the main outcomes?		Death	0	Critical	3.36%. Per 1000 patients initially tested,		
NOI		,	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	16 patients with DVT and D-dimer positive will be discharged. Due to misdiagnosing, we would have additionally 0.25 deaths due to pulmonary embolism and 1.15 cases of non-fatal pulmonary embolism 1000 patients (low quality evidence)		
OP7	outcomes:		Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical			
里			Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical			
S OF		ated No Yes	Nonfatal Pulmonary Embolism	0.63	Critical			
ARM	anticipated effects		Major bleed	0.44 – 0.84	Critical			
BENEFITS & HARMS OF THE OPTIONS	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable	No Probably Uncertain Probably Yes Varies No I I I I I I I I I I I I I I I I I I I	Cate-hoek 2009, MacLean 2012  Assumptions (outcomes):  - Major bleeding equivalent to pulr  - Intracranial bleed (overall): 2 to 3 embolism  - DVT treatment generally well acc	B times worse than m	najor bleed or pulmonary	For repeated proximal CUS in patients with D-dimer positive and initial proximal CUS negative, one study with 426 patients was in the systematic review. The prevalence of DVT was 18.8% and the probability of DVT after a D-dimer positive and serial CUS negative was 0% (95%CI 0 to 3.1%). (ref) (Moderate-quality evidence)  Repeating the proximal CUS would reduce the rate of false negatives, however		
	effects?					it may increase the number of false positives, resulting in higher bleeding rates.		



CRIT	ERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes   X	No evidence found	
RESOURCE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ ▼ □ □	No evidence found	Performing proximal CUS in patients with moderate clinical pre- test probability and D-Dimer negative would increase costs: 616 additional ultrasounds would be needed per 1000 patients initially tested.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \( \square\text{\Quad}\)	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ □	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable con quences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences in most settings
				X	
Type of recommendation	We recommend against offering this option	We suggest no this option		We suggest offering this option	We recommend offering this option
				区	
Recommendation (text)				c over no further testing in patients	
Justification	The number of false negatives and	I the post-test probability of a combi	ned D-dimer with a proximal CUS	S were considered high and it would j	ustify the extra costs.
Subgroup considerations					
Implementation considerations					
Monitoring and evaluation					
Research priorities					



## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT and D-dimer (ELISA) positive: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT, moderate pretest probability and D-dimer (ELISA) positive

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy of proximal CUS <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

	Study		Factors that m	ay decrease qua	lity of evidence		Quality of	Effect per 616 patients (equivalent to patients with D-dimer positive per 1000)	
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	Proportion of patients with moderatei pretest probability and D-dimer positive: 25.93%	Importance
<b>True positives</b> (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	144 (141 to 147)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	16 (13 to 19)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	446 (441 to 449)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	10 (7 to 14)	CRITICAL



- <sup>1</sup> Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)
- <sup>2</sup> Higher sensitivity observed in studies with higher prevalence.
- <sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals
- <sup>4</sup> Estimates consistent with estimates from similar studies

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician—performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



Evidence Profile Table for Studies Assessing Serial Compression Ultrasound (CUS) in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

Should Serial CUS be Used to Rule Out DVT in patients with moderate pretest probability and D-Dimer (ELISA) positive?

Population: Patients with suspected first lower extremity DVT and moderate clinical pretest probability

Test result: D-dimer positive (ELISA) and Serial CUS negative.

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available

_	No. of studies	Study		Factors that ma	y decrease qualit	y of evidence		Quality of		Post-test	
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence 1		negative test	f Importance t
Venous thromboem- bolism (3 months)	3 Studies	Management Cohort	Not Serious	Not serious	Serious <sup>2</sup>	Not Serious	Undetected	⊕⊕⊕⊝ moderate	15.8% <sup>3</sup>	1.1% (0.4 to 2.5%) 0.6% (0.4 – 0.9%)	CRITICAL

#### Footnotes:

- 1. Anderson DR, Wells PS, Stiell I, et al. Thrombosis in the emergency department: use of a clinical diagnosis model to safely avoid the need for urgent radiological investigation. Arch Intern Med. 1999; 159 (5): 477 482
- 2. Wells PS, Anderson DR, Bormanis J, et al. Value of assessment of pretest probability of deep-vein thrombosis in clinical management. Lancet. 1997; 350 (9094): 1795 1798.
- 3. Kearon C, Ginsberg JS, Douketis J, et al. A randomized trial of diagnostic strategies after normal proximal vein ultrasonography for suspected deep venous thrombosis: D-dimer testing compared with repeated ultrasonography. Ann Intern Med. 2005; 142 (7): 490 496.



<sup>&</sup>lt;sup>1</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>2</sup>Inclusion of accuracy studies

<sup>&</sup>lt;sup>3</sup> Based on 2 of 3 studies. Information available in the systematic review, not retrieved from the original studies.

Question 16: In patients with moderate pretest probability of first lower extremity DVT and proximal CUS positive, should we perform proximal venography instead of treating, without further investigation?

**Population:** Patients with suspected first lower extremity DVT, with moderate clinical pretest probability and proximal CUS positive

**Diagnostic test:** venography **Comparison:** no testing (treat)

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 17% (13 – 23%)  Risk estimates for undesirable		of proximal DVT:	
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
∑ E	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months	•		



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS	
	What is the overall certainty of	No included studies Very low Low Moderate High	No evidence specific for the Middle East sett  Importance and estimate utility values for out			Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably	
	this		Outcome	Utility (range)	Importance	similar than in other populations. The panel	
	evidence?		Death	0	Critical	highlighted that there are a need for studies of values and preferences in the KSA	
	Is there		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	setting.	
	important uncertainty about how much people value the main	Possibly Probably no No	Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical		
		Important important important important No known uncertainty uncertainty uncertainty uncertainty undesirable	Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	Venography is considered reference standard for DVT, however it is subject to a	
		or variability or variability or variability or variability outcomes	Nonfatal Pulmonary Embolism	0.63	Critical	consideserver variation. Posttest probability	
			Major bleed	0.44 - 0.84	Critical	of a positive test cannot be estimated with confidence.	
BENEFITS & HARMS OF THE OPTIONS	Are the desirable anticipated effects large?	No Probably Uncertain Probably Yes Varies No Yes  X	As described in the question 6 contrast venography negative, probability of having recurrent thromboembolism  - Intracranial bleed (overall): 2 to 3 times worse than major bleed or pulmonary embolism  - DVT treatment generally well accepted  As described in the question 6 contrast venography negative, probability of having recurrent thromboembolism during 3 moup is 1.2% (95%CI 0.2% to 4.4 (Moderate quality of evidence)  Among patients with tested init proximal CUS positive, 16 patie				
BENE	Are the undesirable anticipated effects	No Probably Uncertain Probably Yes Varies No Yes  I I I I I I	Diagnostic properties of CUS  Pretest probability: moderate (17%). QoE: Moderate  Specificity 97.8% (97% - 98.4%)  False negatives (not treated) 16 (14 - 20) per 1000		1000 would be incorrectly classified as not having DVT. Treating unnecessary this patients we would result in 0.05 deaths and 0.34 major bleeding episodes (0.02 intracranial) per 1000 individuals tested.		
	small?		False positives (treated unnecessarily)	` ,	<u>'</u>	(Low quality of evidence).	
			Negative tests (ruled out)	812 per	,	Venography is considered the reference	
	Are the		Posttest probability (negative test)	1.99	%	standard for DVT, however it is subject to a	
	desirable	No Probably Uncertain Probably Yes Varies	Posttest probability (positive test)	89.37	7%	considerably variation. Although often considered as 100%, the posttest	
	effects large relative to undesirable effects?	No Yes	(evidence profile below)  Diagnostic properties Venography:  Pretest probability: Unknown. QoE: Moderate		probability of a positive test cannot be estimated with confidence. There are no studies evaluating contrast venography in patients with low risk for DVT. Additionally,		



CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS	
		Posttest probability (negative test) (evidence profile below)	1.2% (0.2 – 4.2%)	venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients.



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes  I I I I II II II II	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes  \[ \begin{array}{c cccc} Varies &	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ XI □	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable con quences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences in most settings	
					[X]	
Type of recommendation	We recommend against offering this option	We suggest no this option		We suggest offering this option	We recommend offering this option	
					X	
Recommendation (text)		abia panel recommends no further in proximal CUS. (Strong recommendations)	_	atory venography, in patients with mod	erate pretest probability of first	
Justification	The panel considered contrast ven lished.	ography an expansive, potentially h	armful and difficult to implement	alternative for a situations when there	are no clear benefit estab-	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies			Factors that may decrease quality of evidence				Quality of		
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence		Quality of	-	-	according to probabilities	Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

# Question 17: In patients with high pretest probability of first lower extremity DVT, should we use D-Dimer (ELISA) as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with high clinical pretest probability.

Diagnostic test: D-dimer (ELISA)

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 53% (44 –61%)  Risk estimates for undesirable			
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
ΕM	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High						
	Is there important uncertainty about how much	important uncertainty about how Important important important important important important important uncertainty	No evidence specific for the Middle East set  Importance and estimate utility values for our					
	people	or variability or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	Since there are no evidence specific for the KSA, panel members assumed that		
SNC	value the main		Death	0	Critical	the values on outcomes should be probably similar than in other populations.		
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	The panel highlighted that there are a		
HEO	Are the desirable No Probably Uncertain Probably Yes Varies anticipated No Yes	Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical	need for studies of values and			
OF T		\ \	Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	preferences in the KSA setting.		
MS (		No Probably Uncertain Probably Yes <b>Varies</b> No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	Thirty two patients per 1000 tested would		
HAR	effects		Major bleed	0.44 – 0.84	Critical	be incorrectly classified as not having DVT (false negatives). The probability of		
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes  X	Assumptions (outcomes):  - Major bleeding equivalent to puln - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well according	B times worse than n	najor bleed or pulmo-	having DVT after a negative test is 13.1% and after a positive test is 65.8%. Not treating these individuals would result in additional 0.51 and 2.3 fatal and non-fatal pulmonary embolism per 1000 patients tested.		
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes  X						



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes  X	No evidence found	
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \( \textstyle \te	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences	Undesirable consequences prob- ably outweigh desirable consequences	The balance between desirable and undesirable consequences	Desirable consequences e- probably outweigh undesirable consequences	Desirable consequences clearly outweigh undesirable consequences es in most settings	
	in most settings	in most settings	is closely balanced or uncertain	•		
	X					
Type of recommendation	We recommend against offering this option	We suggest not this optic		Ve suggest offering this option	We recommend offering this option	
	X					
Recommendation (text)		rabia panel recommends agaist the xtremity DVT. (Strong recommendati		ELISA) as a stand alone test to rule	out DVT in patients with high	
Justification	The panel considered the rate of fatients with high clinical pretest prol		esttest negative high to recommen	d the use of D-dimer as a stand alon	e test to rule out DVT in pa-	
Subgroup considerations						
Implementation considerations						
Monitoring and evaluation						
Research priorities						



## Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: D-Dimer (e ELISA)

Comparison: Recurrent VTE during 3 months follow

Outcome: DVT

## Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study		Factors that m	ay decrease qua	uality of evidence		Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients with DVT)	Systematic reviews of management cohorts and of accuracy studies	orts Not Seri- Not Serious Serious None Undetected	1	Sorious <sup>2</sup>	None	Undetected	$\oplus \oplus \oplus \ominus$	47 (47 to 48)	160 (158 to 162)	498 (493 to 504)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)			moderate	3 (3 to 4)	10 (9 to 12)	32 (27 to 37)	CRITICAL				
True negatives (patients without DVT)	Systematic reviews of management cohorts and of accuracy studies	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝	428 (418 to 437	374 (365 to 382)	212 (207 to 216)	CRITICAL
False positives (patients incorrectly classified as not having DVT)		of accuracy studies ous	Her serious	Serious Serious		ondetected	moderate	523 513 to 532)	457 (448 to 465)	259 (254 to 263)	CRITICAL

### Footnotes:



<sup>&</sup>lt;sup>1</sup>Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

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- 3. Schouten HJ. Geersing GJ. Koek HL. Zuithoff NP. Janssen KJ. Douma RA. van Delden JJ. Moons KG. Reitsma JB. Diagnostic accuracy of conventional or age adjusted D-dimer cut-off values in older patients with suspected venous thromboembolism: systematic review and meta-analysis. BMJ. 346:f2492, 2013.
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- 5. Elías-Hernández T, Otero-Candelera R, Fernández-Jiménez D, Jara-Palomares L, Jiménez-Castro V, Barrot-Cortés E. [Clinical usefulness of three quantitative D-dimers tests in outpatients with suspected deep vein thrombosis]. Rev Clin Esp. 2012 May;212(5):235-41.
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- 8. Luxembourg B. Schwonberg J. Hecking C. Schindewolf M. Zgouras D. Lehmeyer S. Lindhoff-Last E. Performance of five D-dimer assays for the exclusion of symptomatic distal leg vein thrombosis. Thromb Haemost. 107(2):369-78, 2012 Feb.



# Question 18: In patients with high pretest probability of first lower extremity DVT, should we use proximal CUS as initial test for the diagnosis of DVT?

**Population:** Patients with suspected first lower extremity DVT, with high clinical pretest probability.

Diagnostic test: Proximal CUS

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of prevalence of proximal DVT: - 53% (44 – 61%)  Risk estimates for undesirable outcomes			
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
ΕM	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



What is the overall certainty of	No				
this evidence?	included studies Very low Low Moderate High				
Is there important uncertainty about how much	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability outcomes	·			
value the		Outcome	Utility (range)	Importance	
main			· ·		
outcomes?		i			Since there are no evidence specific for
Are the desirable  No Probably Uncertain Probably Yes Varies	` '			the KSA, panel members assumed that	
	No Yes	<u> </u>			the values on outcomes should be probably similar than in other populations.
					The panel highlighted that there are a
large?		INDIO DICCU	0.44 0.04	Ontiodi	need for studies of values and preferences in the KSA setting.
		Assumptions (outcomes):	preferences in the NOA setting.		
Are the					
undesirable	No Probably Uncertain Probably Yes Varies	i e	3 times worse than r	najor bleed or pulmo-	
small?		DVT treatment generally well accompany			
Are the desirable effects large relative to undesirable	No Probably Uncertain Probably Yes Varies No Yes				
	important uncertainty about how much people value the main outcomes?  Are the desirable anticipated effects large?  Are the undesirable anticipated effects small?  Are the desirable effects large relative to	important uncertainty about how much people value the main outcomes?  Are the desirable anticipated effects large?  Are the undesirable anticipated effects small?  Are the desirable anticipated effects large relative to undesirable  No Probably Uncertain Probably Yes Varies No Probably Uncertain Probably Yes Yes  Varies  No Probably Uncertain Probably Yes Varies  No Yes  Varies  Varies	important uncertainty about how much people value the main outcomes?  Are the desirable anticipated effects large?  Are the undesirable anticipated effects small?  Are the desirable anticipated effects small?  Are the desirable anticipated effects large?  Are the desirable anticipated effects small?  Are the desirable anticipated effects large?  Are the desirable anticipated effects small?	important uncertainty about how much people value the main outcomes?  Are the desirable anticipated effects small?  Are the undesirable anticipated effects small?  Are the desirable anticipated effects small?	important uncertainty about how much people value the main outcomes?  Are the desirable anticipated effects small?  Are the undesirable effects small?  Are the desirable effects large relative to undesirable over a small?  Are the desirable effects large relative to undesirable over a small?  Are the desirable effects large relative to undesirable over a small?  Are the desirable effects large relative to undesirable over a small?  Are the desirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable over a small?  Are the undesirable over a small?  Are the undesirable effects large relative to undesirable over a small?  Are the undesirable over a small o



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes  X	No evidence found	
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable conse quences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences es in most settings	
	X					
Type of recommendation	We recommend against offering this option	We suggest no this option	•	e suggest offering this option	We recommend offering this option	
	区					
Recommendation (text)		rabia panel recommends agaist the recommendation, Moderate-quality		one test to rule out DVT in patients v	with high pretest probability of	
Justification	The panel considered the rate of fa	alse negatives and the probability porobability porobability of DVT.	esttest negative high to recommend	I the use of proximal CUS as a stand	d alone test to rule out DVT in	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that may decrease quality of evidence					Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	sion Publication Evidence		5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
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- 6. Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

Question 19: In patients with high pretest probability of first lower extremity DVT and proximal CUS positive, should we perform proximal venography instead of treating, without further investigation?

**Population:** Patients with suspected first lower extremity DVT, with high clinical pretest probability and proximal CUS positive

**Diagnostic test:** venography **Comparison:** no testing (treat)

Setting: Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS		
			Estimate pre-test probability of - 53% (44 – 61%)  Risk estimates for undesirable				
	Is the		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of	
E		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.	
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk	
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi	
			Nonfatal intracranial bleeding	2.1%	-	population.	
			Nonfatal non-intracranial bleeding	0.1%	-		
			Venographic mortality	0.03%	-		
			Propagation to proximal veins (distal DVT)	-	21.4%		
			Estimate incidence for 3 months				



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS	
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High □ □ □ X □					
	Is there important uncertainty about how much	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable	No evidence specific for the Middle East setting identified.  Importance and estimate utility values for outcomes			need for studies of values and preferences in the KSA setting.  After a contrast venography negative, the probability of having recurrent venous thromboembolism during 3 months follow	
HE OPTIONS	people value the main	or variability or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	of up is 1.2% (95%Cl 0.2% to 4.4%). (ref) (Moderate quality of evidence).	
			Death	0	Critical	Venography is considered the reference	
	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	standard for DVT.	
			Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical	Among those with high pretest probability,	
E	Are the desirable		Nonfatal Intracranial Bleed (mild)	0.47 – 0.94	Critical	10 patients per 1000 tested with proximal	
0 S		No Probably Uncertain Probably Yes Varies No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	CUS would be incorrectly classified as not having DVT (Moderate quality of	
ARM	anticipated effects		Major bleed	0.44 – 0.84	Critical	evidence). Treating unnecessary this	
BENEFITS & HARMS OF THE OPTIONS	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes  No Probably Uncertain Probably Yes  Yes  X Uaries  X Uaries	Cate-hoek 2009, MacLean 2012  Assumptions (outcomes):  - Major bleeding equivalent to pull - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well ac	3 times worse than r	najor bleed or pulmo-	patients we would result in 0.03 deaths and 0.21 major bleeding episodes (0.01 intracranial) per 1000 individuals tested. (Moderate quality of evidence)  Venography is considered reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating Venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients	



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes \( \text{\text{\text{Varies}}} \)	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes \( \text{\text{\text{\text{\text{Varies}}}}} \)	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable cons quences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequenc- es in most settings
					図
Type of recommendation	We recommend against offering this option	We suggest no this option		We suggest offering this option	We recommend offering this option
					X
Recommendation (text)	-	abia panel recommends no further in al CUS. (Strong recommendation, I	=	tory venography, in patients with high	pretest probability of first lower
Justification	The panel considered contrast ver lished.	nography an expansive, potentially h	armful and difficult to implement a	alternative for a situations when there	are no clear benefit estab-
Subgroup considerations	-				
Implementation considerations					
Monitoring and evaluation	-				
Research priorities	-				



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies	Study		Factors that m	nay decrease qua	lity of evidence		Quality of		
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

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<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

## Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Compression Ultrasound

Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study design	Factors that may decrease quality of evidence				Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			l manantan sa	
Outcome		Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	Importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



- $^{1}$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)
- <sup>2</sup> Higher sensitivity observed in studies with higher prevalence.
- <sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals
- <sup>4</sup> Estimates consistent with estimates from similar studies

#### References:

- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.
- 3. Pomero F. Dentali F. Borretta V. Bonzini M. Melchio R. Douketis JD. Fenoglio LM. Accuracy of emergency physician–performed ultrasonography in the diagnosis of deep-vein thrombosis. Thromb Haemost. 109(1):137-45, 2013 Jan.
- 4. Kory PD. Pellecchia CM. Shiloh AL. Mayo PH. DiBello C. Koenig S. Accuracy of ultrasonography performed by critical care physicians for the diagnosis of DVT. Chest. 139(3):538-42, 2011 Mar.
- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.

Gibson NS. Schellong SM. Kheir DY. Beyer-Westendorf J. Gallus AS. McRae S. Schutgens RE. Piovella F. Gerdes VE. Buller HR. Safety and sensitivity of two ultrasound strategies in patients with clinically suspected deep venous thrombosis: a prospective management study. J Thromb Haemost. 7(12):2035-41, 2009 Dec.



Question 20: In patients with a high pretest probability of first lower extremity DVT and initial CUS negative, should we repeat proximal CUS instead of rule out without further investigation?

Population: Patients with suspected first lower extremity DVT, with high clinical pretest probability and initial CUS negative

Diagnostic test: repeat CUS in 1 week

**Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of prevalence of proximal DVT: - 53% (44 – 61%)  Risk estimates for undesirable outcomes			
	problem a		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
Ε		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLI		No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				
	about how Important imp	uncertainty uncertainty uncertainty undesirable	No evidence specific for the Middle East se	Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations. The panel highlighted that there are a		
	people	or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	need for studies of values and preferences in the KSA setting.
SNo	value the main		Death	0	Critical	
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	For single proximal CUS testing, as described in question 18, 51 patients per
HE 0	Are the		Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	1000 tested would be incorrectly
OF T			Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	classified as not having DVT (false negatives). The probability of having DVT
MS (	desirable anticipated	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	Nonfatal Pulmonary Embolism	0.63	Critical	after a negative test is 10.1%. Not treating
HAR	effects		Major bleed	0.44 – 0.84	Critical	these individuals would result in additional 0.82 and 3.67 fatal and non-fatal
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable	No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes  No Probably Uncertain Probably Yes  No Yes  No Yes  No Yes	Assumptions (outcomes):  - Major bleeding equivalent to pull - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well ac	3 times worse than m	najor bleed or pulmo-	0.82 and 3.67 fatal and non-fatal pulmonary embolism per 1000 patients tested.  For serial CUS in patients with high clinical pretest probability, four studies were identified in the systematic review. In these studies, the pooled prevalence of DVT was 36.4% and the probability of DVT post-negative serial CUS was 0.9% (95%CI 0.2% to 2.8%) (Moderate quality of evidence)



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes \ \to	No evidence found	Repeating proximal CUS in patients with high clinical pretest probability and initial CUS negative would increase costs: 511 additional ultrasounds would be needed per 1000 patients initially tested.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \( \textstyle \te	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consequences probably outweigh undesirable consequences is closely balanced or uncertain Desirable consequences probably outweigh undesirable consequences in most settings		Desirable consequences clearly outweigh undesirable consequences in most settings	
					X	
Type of recommendation	We recommend against offering this option	We suggest no this option	•	We suggest offering this option	We recommend offering this option	
					X	
Recommendation (text)		rabia guideline panel recommends and initial negative proximal CUS.		eek rather than no further testing in pate quality of evidence)	atients with a high pretest prob-	
Justification	The panel considered the rate of fa	alse negatives and the probability po	osttest negative high with a single	proximal CUS.		
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



Evidence Profile Table for Studies Assessing Serial Compression Ultrasound (CUS) in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

Should Serial CUS be Used to Rule Out DVT in patients with high pretest probability?

Population: Patients with suspected first lower extremity DVT and high clinical pretest probability

Intervention: Serial CUS

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available

Outcome	No. of studies (No. of pa- tients)	Study design	Risk of bias	Factors that ma	y decrease qualit	y of evidence	Publication bias	Quality of Evidence <sup>1</sup>	Pretest proba- bility (preva- lence)	Post-test probability of negative test	-
Venous thromboem- bolism (3 months)	4 study (291 patients)	Management Cohort	Not Serious	Not serious	Not Serious	Serious	Undetected	⊕⊕⊕⊝ moderate	36.9%	0.9% (0.2 to 2.8%)	CRITICAL

#### Footnotes:

- 1. Bates SM, Kearon C, Crowther M, et al. A diagnostic strategy involving a quantitative latex D-dimer assay reliably excludes deep venous thrombosis. Ann Intern Med. 2003; 138 (10): 787 794.
- 2. Ruiz-Giménez N, Friera A, Artieda P, et al. Rapid D-dimer test combined a clinical model for deep vein thrombosis. Validation with ultrasonography and clinical follow-up in 383 patients. Thromb Haemost. 2004; 91 (6): 1237 1246.
- 3. Kearon C, Ginsberg JS, Douketis J, et al. A randomized trial of diagnostic strategies after normal proximal vein ultrasonography for suspected deep venous thrombosis: D-dimer testing compared with repeated ultrasonography. Ann Intern Med. 2005; 142 (7): 490 496.
- 4. Dewar C, Selby C, Jamieson K, Rogers S. Emergency department nurse-based outpatient diagnosis of DVT using an evidence-based protocol. Emerg Med J. 2008; 25 (7): 411 416.



<sup>&</sup>lt;sup>1</sup> Judgement according to the original systematic review; no additional study had been identified.

# Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy 1

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	nay decrease qua	lity of evidence	2	Quality of	Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



- 1. Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis. Health Technol Assess. 2006 May;10(15):1-168, iii-iv
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- 5. Crisp JG. Lovato LM. Jang TB. Compression ultrasonography of the lower extremity with portable vascular ultrasonography can accurately detect deep venous thrombosis in the emergency department. Ann Emerg Med. 56(6):601-10, 2010 Dec.
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<sup>&</sup>lt;sup>1</sup>Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

# Question 21: In patients with a high pretest probability of first lower extremity DVT and initial CUS negative, should we use D-Dimer instead of rule out without further investigation?

Population: Patients with suspected first lower extremity DVT, with high clinical pretest probability and initial CUS negative

**Diagnostic test:** d-dimer **Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of prevalence of proximal DVT: - 53% (44 – 61%)  Risk estimates for undesirable outcomes			T:
	Is the problem a		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
Σ E		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM		No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS			
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations.			
	Is there important uncertainty about how	Possibly Probably no No Important important important No known	No evidence specific for the Middle East setting identified.			The panel highlighted that there are a need for studies of values and preferences in the KSA setting.  For single proximal CUS testing, as de-			
	much	uncertainty uncertainty uncertainty uncertainty undesirable or variability or variability or variability or variability outcomes	Importance and estimate utility values for ou		T	scribed in question 18, 51 patients per			
	people	U Variability of vari	Outcome	Utility (range)	Importance	1000 tested would be incorrectly classi-			
SNC	value the L		Death	0	Critical	fied as not having DVT (false negatives).			
OPTIONS	outcomes?	comes?	Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	The probability of having DVT after a			
			Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	negative test is 10.1%. Not treating these			
JF T	Are the desirable anticipated effects	Į.	Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	individuals would result in additional 0.82 and 3.67 fatal and non-fatal pulmonary			
MS (		No Probably Uncertain Probably Yes Varies No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	embolism per 1000 patients tested.			
HAR			Major bleed	0.44 – 0.84	Critical	por roos parono totos.			
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes X	Assumptions (outcomes):  - Major bleeding equivalent to pull - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well according	3 times worse than m	ajor bleed or pulmo-	Among those individuals with initial proximal CUS negative and D-dimer (ELISA) negative, only 3 patients per 1000 tested would be classified as false negatives. The probability of having DVT after proximal CUS and D-dimer negatives is 1.47%. Not treating these individuals would result only in additional 0.05 and 2.16 fatal and non-fatal pulmonary embolism per 1000 patients tested. However			
	desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ 🗓 □		lism per 1000 patients tested. However, 301 patients would present a positive D-dimer test, requiring further evaluation.					



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	With this strategy, 511 D-dimer tests would be required per 1000 patients.
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes □ □ □ □ □	No evidence found	



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable conquences is closely balanced or uncertain	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences in most settings	
					X	
Type of recommendation	We recommend against We suggest no offering this option this opti		•	We recommend offering this option		
					X	
Recommendation (text)		rabia panel recommends additional egative proximal CUS. (Strong recor		no further testing in patients with a hig	h pretest probability of first	
Justification		alse negatives and the probability porobability of DVT. Additional testing		nd the use of proximal CUS as a stand	d alone test to rule out DVT in	
Subgroup considerations	-					
Implementation considerations	-					
Monitoring and evaluation	-					
Research priorities	-					



# Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy 1

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study		Factors that m	ay decrease qua	lity of evidence		Quality of	Quality of Effect per 1000 patients, according to different clinical pre-test probabilities			Importance
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	5% (low)	17% (mod- erate)	53% (high)	importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	45 (44 to 46)	154 (150 to 156)	479 (469 to 488)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	5 (6 to 4)	16 (20 to 14)	51 (61 to 42)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	929 (922 to 935)	812 (805 to 817)	460 (456 to 462)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	21 (28 to 15)	18 (25 to 13)	10 (14 to 8)	CRITICAL



- Goodacre S, Sampson F, Stevenson M, Wailoo A, Sutton A, Thomas S, Locker T, Ryan A. Measurement of the clinical and cost-effectiveness of non-invasive diagnostic testing strategies for deep vein thrombosis.
   Health Technol Assess. 2006 May;10(15):1-168, iii-iv
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 $<sup>^{1}</sup>$  Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)

<sup>&</sup>lt;sup>2</sup> Higher sensitivity observed in studies with higher prevalence.

<sup>&</sup>lt;sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals

<sup>&</sup>lt;sup>4</sup> Estimates consistent with estimates from similar studies

## Evidence Profile Table for Studies Assessing Highly Sensitive D-Dimer in Patients with Suspected First Lower Extremity DVT: Should Highly Sensitive D-Dimer Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT, high clinical pretest probability and proximal CUS negative

Intervention: D-Dimer (ELISA)

Comparison: Recurrent VTE during 3 months follow

## Diagnostic test accuracy

Pooled sensitivity	94% (95%CI: 93% to 95%)
Pooled specificity	45% (95%CI: 44% to 46%)

Outcome	Study	Factors that may decrease quality of evidence					Quality of	Effect per 511 patients (equivalent to patients with CUS negative per 1000)		
Outcome	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	Proportion of patients with high pretest probability and CUS negative: 10.06%	Importance	
True positives (patients with DVT)	Systematic reviews of management cohorts	Not Seri-	Nat Caria va <sup>1</sup>	Cariaa <sup>2</sup>	Nana	l la data at a d	⊕⊕⊕⊝	48 (46 to 49)	CRITICAL	
False negatives (patients incorrectly classified as not having DVT)	and of accuracy studies	ous	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	moderate	3 (3 to 4)	CRITICAL	
True negatives (patients without DVT)	Systematic reviews of management cohorts	Not Seri-	Not Serious <sup>1</sup>	Serious <sup>2</sup>	None	Undetected	⊕⊕⊕⊝	207 (202 to 211)	CRITICAL	
False positives (patients incorrectly classified as not having DVT)	and of accuracy studies	ous	Not Sellous	3011003	None	onactetteu	moderate	253 (248 to 257)	CRITICAL	



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<sup>&</sup>lt;sup>1</sup> Estimates consistent with estimates from similar ELISA methods. Similar estimates for different clinical pretest probability.

<sup>&</sup>lt;sup>2</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate

# Question 22: In patients with high pretest probability of first lower extremity DVT, D-dimer (ELISA) positive and CUS negative, should we repeat proximal CUS instead of venography?

Population: Patients with suspected first lower extremity DVT, with high clinical pretest probability, CUS negative and D-dimer positive

Diagnostic test: repeat CUS in 1 week

**Comparison:** venography **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE		ADDITIONAL CONSIDERATIONS	
			Estimate pre-test probability of - 53% (44 – 61%)  Risk estimates for undesirable		of proximal DV	VT:
	problem a No Yes		Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
Σ E		No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM			Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			-



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS				
BENEFITS & HARMS OF THE OPTIONS	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High								
	Is there important uncertainty about how	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable	No evidence specific for the Middle East set	The panel highlighted that there are a need for studies of values and preferences in the KSA setting.  after a contrast venography negative, the probability of having recurrent venous						
	much people value the main	or variability or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	thromboembolism during 3 months follow				
NS			Death	0	Critical	of up is 1.2% (95%CI 0.2% to 4.4%) (Moderate quality of evidence).				
01Tc	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	, , , , , , , , , , , , , , , , , , , ,				
1E 0	Are the desirable anticipated effects		Nonfatal Intracranial Bleed (moderate)	0.29 - 0.77	Critical	For repeating proximal CUS in patients with high clinical pretest probability, initial				
OF TH			Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	CUS negative and D-dimer positive, only				
MS (		No Probably Uncertain Probably Yes <b>Varies</b> No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	one study was identified in the systematic review. In this study, the prevalence of				
HAR			Major bleed	0.44 – 0.84	Critical	DVT was 59.5% and the post-test				
FITS &	large?	·	Assumptions (outcomes):	probability was 2.8% (95%Cl 0.1% to 12.5%) (ref) (Low quality of evidence)						
BENEFITS & HA	Are the undesirable anticipated effects small?	No Probably Uncertain Probably Yes Varies No Yes □ X □ □ □ □	<ul> <li>Major bleeding equivalent to pulr</li> <li>Intracranial bleed (overall): 2 to 3 nary embolism</li> <li>DVT treatment generally well according</li> </ul>	Venography is considered reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating Venography in patients with						
	Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes No Yes  I I I I I I I I I I I I I I I I I I I								



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes □ □ □ □ X □	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced \( \sqrt{\text{X}} \)	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consquences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequenc- es in most settings				
					X				
Type of recommendation	We recommend against offering this option	We suggest no this option	•	We suggest offering this option	We recommend offering this option				
				$\square$					
Recommendation (text)	•	The Ministry of Health of Saudi Arabia panel recommends to repeat proximal CUS In one week over performing venography in patients with a high pretest probability of fill lower extremity DVT and initial proximal CUS negative and D-dimer positive							
Justification	The panel considered contrast ven lished. (Strong recommendation		armful and difficult to implement	alternative for a situations when there	are no clear benefit estab-				
Subgroup considerations									
Implementation CT venography is more increasingly being in use and is more familiar to physicians.  considerations									
Monitoring and evaluation									
Research priorities									



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

## **Should Venography Be Used to Rule Out DVT?**

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies	Study	Factors that may decrease quality of evidence Qu		Quality of					
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

Evidence Profile Table for Studies Assessing Serial Compression Ultrasound (CUS) in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

Should Serial CUS be Used to Rule Out DVT in patients with high pretest probability and D-Dimer (ELISA) positive?

Population: Patients with suspected first lower extremity DVT and high clinical pretest probability

Test result: D-dimer positive (ELISA) and Serial CUS negative.

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available

	No. of studies	Study		Factors that ma	y decrease qualit	of evidence		Quality of		Post-test	
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence 1		probability of negative test	-
Venous thromboem- bolism (3 months)	1 Studies (279 patints)	Management Cohort	Not Serious	Not serious	Serious <sup>2</sup>	Very Serious	Undetected	⊕⊕⊜⊝ low	59.5%	2.8% (0.1 to 12.5%)	CRITICAL

### Footnotes:

### References:

1. Schutgens REG , Ackermark P , Haas FJLM , et al . Combination of a normal D-dimer concentration and a non-high pretest clinical probability score is a safe strategy to exclude deep venous thrombosis . Circulation . 2003 ; 107 (4): 593 - 597



<sup>&</sup>lt;sup>1</sup> Judgement according to the original systematic review; no additional study had been identified.

Question 23: In patients with a high pretest probability of first lower extremity DVT and serial CUS negative, should we perform venography instead of rule out without further investigation?

Population: Patients with suspected first lower extremity DVT, with high clinical pretest probability and initial CUS negative

**Diagnostic test:** venography **Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of - 53% (44 – 61%)  Risk estimates for undesirable			
			Outcome Incidence (treated) (untreated)	The panel considered adequate the use of		
Σ	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months	nonths		



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS			
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High							
	Is there important uncertainty about how much people	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable or variability or variability or variability or uncomes	No evidence specific for the Middle East setting identified.  Importance and estimate utility values for outcomes  Outcome  Utility (range)  Importance			need for studies of values and preferences in the KSA setting.  After a contrast venography negative, the probability of having recurrent venous thromboembolism during 3 months follow of up is 1.2% (95%CI 0.2% to 4.4%)			
SNC	value the		Death	0	Critical	(Moderate quality of evidence).			
OPTIONS	outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	For serial proximal CUS in patients with high clinical pretest probability, four studies were identified in the systematic			
			Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical				
JF T	Are the	į	Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical	review. In these studies, the pooled			
MS (	desirable anticipated	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	Nonfatal Pulmonary Embolism	0.63	Critical	prevalence of DVT was 36.4% and the			
HAR	effects		Major bleed	0.44 - 0.84	Critical				
BENEFITS & HARMS OF THE	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes  No Probably Uncertain Probably Yes  No Description of the second of the secon	Cate-hoek 2009, MacLean 2012  Assumptions (outcomes):  - Major bleeding equivalent to pull - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well ac	monary embolism 3 times worse than m		prevalence of DVT was 30.4% and the probability of DVT post-negative serial CUS was 0.9% (95%CI 0.2% to 2.8%) (Moderate quality of evidence)  Venography is considered reference standard for DVT, however it is subject to a considerably variation. Although often considered as 100%, posttest probability of a positive test cannot be estimated with confidence. There are no studies evaluating Venography in patients with low risk for DVT. Additionally, venography is associated with 1 to 4% of incidence of adverse reactions to contrast media, including dizziness and nausea, severe allergic reaction in 0 to 0.4% and post-venography DVT in 0 to 2% of patients			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes <b>Varies</b> No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased reduced	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes   I I I I I I I I I I I I I I I I I I	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable consoquences is closely balanced or uncertain	undesirable consequences	Desirable consequences  clearly outweigh  undesirable consequences  es  in most settings	
		0			<u> </u>	
Type of recommendation	We recommend against offering this option	We suggest no this option	•	/e suggest offering this option	We recommend offering this option	
					X	
Recommendation (text)		rabia panel recommends no further trong recommendation, Moderate le		patients with high pretest probability	of first lower extremity DVT and	
Justification		nography an expansive, potentially h		Iternative for a situations when there	are no clear benefit estab-	
Subgroup considerations						
Implementation considerations						
Monitoring and evaluation						
Research priorities						



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)

	No. of studies	Study		Factors that m	ay decrease qua	lity of evidence		Quality of		Importance
Outcome	(No. of pa- tients)	design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

Evidence Profile Table for Studies Assessing Serial Compression Ultrasound (CUS) in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

Should Serial CUS be Used to Rule Out DVT in patients with high pretest probability?

Population: Patients with suspected first lower extremity DVT and high clinical pretest probability

Intervention: Serial CUS

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available
Pooled specificity	Not Available

Outcome	No. of studies (No. of pa- tients)	Study design	Risk of bias	Factors that ma	y decrease qualit	y of evidence	Publication bias	Quality of Evidence <sup>1</sup>	Pretest proba- bility (preva- lence)	Post-test probability of negative test	-
Venous thromboem- bolism (3 months)	4 study (291 patients)	Management Cohort	Not Serious	Not serious	Not Serious	Serious	Undetected	⊕⊕⊕⊝ moderate	36.9%	0.9% (0.2 to 2.8%)	CRITICAL

#### Footnotes:

- 1. Bates SM, Kearon C, Crowther M, et al. A diagnostic strategy involving a quantitative latex D-dimer assay reliably excludes deep venous thrombosis. Ann Intern Med. 2003; 138 (10): 787 794.
- 2. Ruiz-Giménez N, Friera A, Artieda P, et al. Rapid D-dimer test combined a clinical model for deep vein thrombosis. Validation with ultrasonography and clinical follow-up in 383 patients. Thromb Haemost. 2004; 91 (6): 1237 1246.
- 3. Kearon C, Ginsberg JS, Douketis J, et al. A randomized trial of diagnostic strategies after normal proximal vein ultrasonography for suspected deep venous thrombosis: D-dimer testing compared with repeated ultrasonography. Ann Intern Med. 2005; 142 (7): 490 496.
- 4. Dewar C, Selby C, Jamieson K, Rogers S. Emergency department nurse-based outpatient diagnosis of DVT using an evidence-based protocol. Emerg Med J. 2008; 25 (7): 411 416.



<sup>&</sup>lt;sup>1</sup> Judgement according to the original systematic review; no additional study had been identified.

Question 24: In patients with a high pretest probability of first lower extremity DVT, DD negative and a proximal CUS negative, should we should we perform venography instead of rule out without further investigation?

Population: Patients with suspected first lower extremity DVT, with high clinical pretest probability and initial CUS negative

**Diagnostic test:** venography **Comparison:** No testing **Setting:** Outpatients

	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS
			Estimate pre-test probability of - 53% (44 – 61%)  Risk estimates for undesirable		of proximal DVT	
			Outcome	Incidence (treated)	Incidence (untreated)	The panel considered adequate the use of
EM	Is the	No Probably Uncertain Probably Yes Varies	Fatal pulmonary embolism	0.3%	1.9%	Wells criteria in the Saudi population.
PROBLEM	problem a	No Yes	Nonfatal pulmonary embolism	1.4%	9.3%	The panel agreed that the estimates of risk
PR	priority?		Fatal bleeding	0.3%	-	presented also could apply for the Saudi
			Nonfatal intracranial bleeding	2.1%	-	population.
			Nonfatal non-intracranial bleeding	0.1%	-	
			Venographic mortality	0.03%	-	
			Propagation to proximal veins (distal DVT)	-	21.4%	
			Estimate incidence for 3 months			



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE			ADDITIONAL CONSIDERATIONS		
	What is the overall certainty of this evidence?	No included studies Very low Low Moderate High				Since there are no evidence specific for the KSA, panel members assumed that the values on outcomes should be probably similar than in other populations. The panel highlighted that there are a need for studies of values and		
	Is there important uncertainty about how much	Possibly Probably no No Important important important No known uncertainty uncertainty uncertainty undesirable	No evidence specific for the Middle East setting identified.  Importance and estimate utility values for outcomes			preferences in the KSA setting.  As described in the question 6, after a contrast venography negative, the probability of having recurrent venous		
	people	or variability or variability or variability or variability outcomes	Outcome	Utility (range)	Importance	thromboembolism during 3 months follow of up is 1.2% (95%Cl 0.2% to 4.4%). (ref)		
<u>s</u>	value the		Death	0	Critical	(Moderate quality of evidence).		
OPTIONS	main outcomes?		Nonfatal Intracranial Bleed (severe)	0.1 – 0.51	Critical	Venography is considered reference standard for DVT, however it is subject to a considerably variation. Although often		
= 0P			Nonfatal Intracranial Bleed (moderate)	0.29 – 0.77	Critical			
THE	Are the desirable	No Probably Uncertain Probably Yes Varies No Yes  IX	Nonfatal Intracranial Bleed (mild)	0.47 - 0.94	Critical			
S 0F			Nonfatal Pulmonary Embolism	0.63	Critical	considered as 100%, posttest probability		
ARM	anticipated effects		Major bleed	0.44 – 0.84	Critical	confidence. There are no studies		
BENEFITS & HARMS	Are the undesirable anticipated effects small?  Are the desirable effects large relative to undesirable effects?	No Probably Uncertain Probably Yes Varies  No Probably Uncertain Probably Yes  No Probably Uncertain Probably Yes  No Description Pr	Cate-hoek 2009, MacLean 2012  Assumptions (outcomes):  - Major bleeding equivalent to pull - Intracranial bleed (overall): 2 to 3 nary embolism - DVT treatment generally well acc	3 times worse than r	najor bleed or pulmo-	of a positive test cannot be estimated with		



CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
			embolism per 1000 patients tested. (Low quality of evidence)



	CRITERIA	JUDGEMENTS	RESEARCH EVIDENCE	ADDITIONAL CONSIDERATIONS
E USE	Are the resources required small?	No Probably Uncertain Probably Yes Varies No Yes	No evidence found	
RESOURCE USE	Is the incremental cost small relative to the net benefits?	No Probably Uncertain Probably Yes Varies No Yes X	No evidence found	Contrast venography is a costly intervention compared to proximal CUS
EQUITY	What would be the impact on health inequities?	Increased Probably Uncertain Probably Reduced Varies increased Inc	No evidence found	
ACCEPTABILITY	Is the option acceptable to key stakeholders?	No Probably Uncertain Probably Yes Varies No Yes \	No evidence found	
FEASIBILITY	Is the option feasible to implement?	No Probably Uncertain Probably Yes Varies No Yes \ \[ \sqrt{\sq}}}}}}}}} \end{\sqrt{\sq}}}}}}\end{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sq}}}}}}}}}}} \end{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sqrt{\sq}}}}}}}}}} \end{\sqrt{\sqrt{\sin}}}}}}} \end{\sqrt{\sqrt{\sqrt{\sqrt{\sq}}}}}}}}}} \sqrt{\	No evidence found	Technology is not widely available for contrast venography



Balance of consequences	Undesirable consequences clearly outweigh desirable consequences in most settings	Undesirable consequences prob- ably outweigh desirable consequences in most settings	The balance between desirable and undesirable con quences is closely balanced or uncerta	undesirable consequences	Desirable consequences clearly outweigh undesirable consequences in most settings			
Type of recommendation	We recommend against We su offering this option		t offering on	We suggest offering this option	We recommend offering this option			
Recommendation (text)	The Ministry of Health of Saudi Arabia panel recommends no further testing rather than venography in patients with high pretest probability of first lower extremity DVT, D-dimer (ELISA) negative and proximal CUS negative. (Strong recommendation, Low level of evidence)							
Justification	The panel considered contrast venography an expansive, potentially harmful and difficult to implement alternative for a situations when there are no clear benefit established. Posttest probabilities after the preferred strategy was considered acceptable by the panel members.							
Subgroup considerations								
Implementation considerations								
Monitoring and evaluation								
Research priorities								



## Evidence Profile Table for Studies Assessing Venography in Patients with Suspected First Lower Extremity Deep Vein Thrombosis (DVT):

### Should Venography Be Used to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT and negative result for contrast venography

Outcome: Recurrent venous thromboembolism during 3 months follow-up

## Diagnostic test accuracy

Pooled sensitivity	Not Available				
Pooled specificity	Not Available				
Accuracy <sup>1</sup>	98.8% (95% CI: 95.6% to 99.8%)				

	l (No. of pa-	Study	Factors that may decrease quality of evidence					Quality of		
Outcome		design	Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence <sup>2</sup>	Post-test probability of negative test	Importance
Venous thrombo- embolism (3 months)	1 Study (160 patients)	Single-arm pro- spective cohort study	Serious <sup>3</sup>	None <sup>4</sup>	Not Serious	Not Serious	Undetected <sup>4</sup>	⊕⊕⊕⊝ moderate	1.2% (0.2 to 4.4%)	CRITICAL

#### Footnotes:

- 1. Hull R, Hirsh J, Sackett DL, Taylor DW, Carter C, Turpie AG, Powers P, Gent M. Clinical validity of a negative venogram in patients with clinically suspected venous thrombosis. Circulation. 1981 Sep;64(3):622-5.
- 2. Bates SM, Jaeschke R, Stevens SM, Goodacre S, Wells PS, Stevenson MD, Kearon C, Schunemann HJ, Crowther M, Pauker SG, Makdissi R, Guyatt GH; American College of Chest Physicians. Diagnosis of DVT: Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012 Feb;141(2 Suppl):e351S-418S.



<sup>&</sup>lt;sup>1</sup>Individuals with normal venography and without venous thromboembolism during 3 months follow-up.

<sup>&</sup>lt;sup>2</sup> Judgement according to the original systematic review; no additional study had been identified.

<sup>&</sup>lt;sup>3</sup> Prevalence of DVT in original population not specified

<sup>&</sup>lt;sup>4</sup> Only one study identified, not allowing adequate assessment of inconsistency and publication bias.

# Evidence Profile Table for Studies Assessing Compression Ultrasound in Patients with Suspected First Lower Extremity DVT and D-dimer (ELISA) positive: Should Compression Ultrasound Be Used to Diagnose or to Rule Out DVT?

Population: Patients with suspected first lower extremity DVT, high pretest probability and D-dimer (ELISA) negative

Intervention: Proximal Compression Ultrasound
Comparison: Recurrent VTE during 3 months follow up

Outcome: DVT

## Diagnostic test accuracy of proximal CUS <sup>1</sup>

Pooled sensitivity	90.3% (95%CI: 88.4% to 92%)
Pooled specificity	97.8% (95%CI: 97% to 98.4%)

Outcome	Study design	Factors that may decrease quality of evidence					Quality of	Effect per 243 patients (equivalent to patients with D-dimer negative per 1000)	Importance
Outcome		Risk of bias	Inconsistency	Indirectness	Imprecision	Publication bias	Evidence	Proportion of patients with high pretest probability and D-dimer negative: 13.1%	Importance
True positives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	29 (28 to 29)	CRITICAL
False negatives (patients incorrectly classified as not having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Serious <sup>2</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊝⊝ low	3 (3 to 4)	CRITICAL
True negatives (patients without DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	207 (205 to 208)	CRITICAL
False positives (patients incorrectly classified as having DVT)	Systematic review of management cohorts and of accuracy studies	Not serious	Not Serious <sup>4</sup>	Serious <sup>3</sup>	None	Undetected	⊕⊕⊕⊝ moderate	5 (3 to 6)	CRITICAL



- <sup>1</sup> Data obtained from a meta-analysis with 22 studies evaluating compression ultrasonography alone (Goodacre 2006)
- <sup>2</sup> Higher sensitivity observed in studies with higher prevalence.
- <sup>3</sup> Accuracy studies included in the meta-analysis, which may increase the specificity estimate. Median prevalence of DVT: 48%, results tend to be more applicable for high risk individuals
- <sup>4</sup> Estimates consistent with estimates from similar studies

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